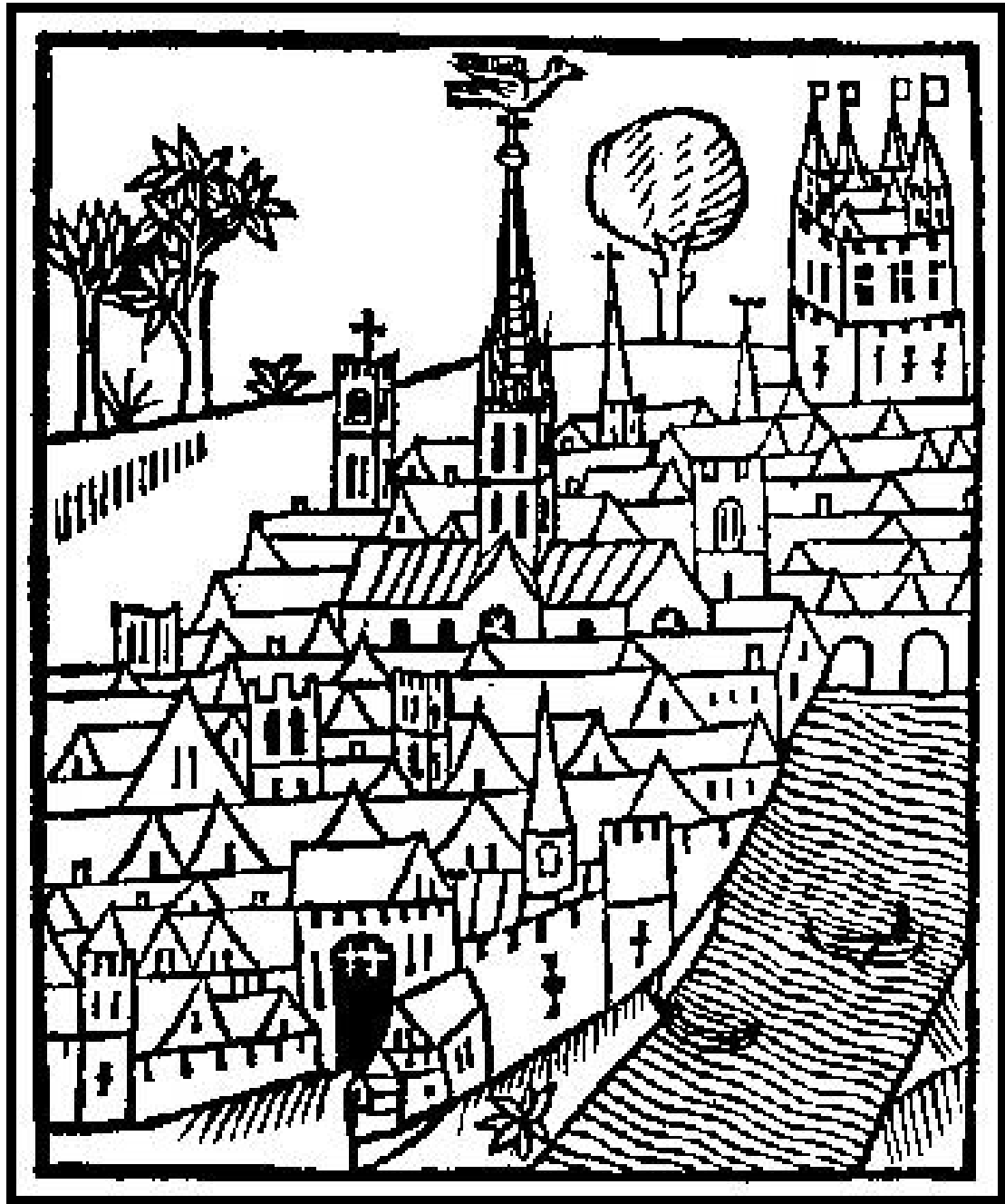


From the Tower



Gringore Castell of Laboure -
London c 1506

Barony of Southron Gaard
June AS XXXX (2005)

Chronicler's Corner



Greetings, good gentles.

This is my last issue of *From the Tower*—from next month, your Chronicler will be Rose de Ludlow (Stacey Hill). I do hope you'll give her any help she may need, principally by doing your utmost to get any subscriptions to her by the deadline, so she can get FTT out on time.

And please, if you want to know anything about upcoming events, including regular ones, make FTT your first port of call, as the information you seek can almost certainly be found there.

It is with more than a tinge of sadness that I step down from the post I've held for the last four years; I've thoroughly enjoyed preparing FTT for you. But I'm sure Rose will bring a wealth of skill and new ideas to the office.

And finally, my hearty congratulations to Sigurd and Eleanora on their recent marriage!

In service to Southron Gaard

Sinech ingen Chonchobair hui Briuin

Chronicler

Seamsters' Guild

This month's meeting will be on at the home of **Mary-Elizabeth Kent, 1/243 Barrington Street, Spreydon.**

Everyone is welcome, especially newcomers. Bring along whatever needlework you're currently working on, or just come and chat. Please contact **Baroness Sinech, ph. 382-6388, email: lilar@clear.net.nz** if you have any questions, or need to organise transport.

From the Tower is the newsletter of the Barony of Southron Gaard of the Society for Creative Anachronism. It is not a corporate publication of the Society for Creative Anachronism, and does not delineate official SCA policies. Opinions expressed in articles, unless otherwise indicated, are those of the authors concerned, regardless of the identity of the author. Copyright 2005. All rights revert to the authors and artists.

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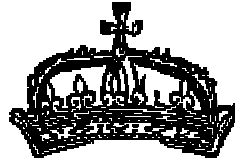
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From the Tower is available from the Chronicler (see Regnum at back of each issue, or on the Southron Gaard website), and, in electronic form, from the Southron Gaard website: www.sg.sca.org.nz

The cost for the hard-copy edition is \$1.35 per issue, or \$16.00 per annum. Please make all cheques payable to: SCANZ, Inc. - Southron Gaard. The electronic version is free to download or print out.

Their Excellencies Speak...



Greetings unto the populace of Southron Gaard.

One of the most long-standing members of the Barony and our very first Peer, Master Matsuyama Yoshitoshi, recently left Southron Gaard to reside in the Shire of Darton.

Master Yoshitoshi assured me that this was but a temporary and voluntary move, and that he would be certain to return in coming years. However, it is difficult to perceive this as anything other than a continuation of Darton's rapacious grab for the citizens of neighbouring lands.

In recent months, Darton has enticed, kidnapped or otherwise "acquired" a landed Baron and Baroness of Ildhafn, certain hapless citizens of Cluain, a Peer from Southron Gaard and, shortly, a Peer from the Barony of St Florian de Riviere. The rumours of galleys roaming our coasts looking for their next victims are probably baseless, for it is hard to imagine Darton being capable of creating a navy, let alone crewing it with sufficient skill to avoid the shoals.

However, it is evident that Darton does not know how to grow in a more conventional fashion, via internal population growth. Or perhaps too many of their people are being lost through incompetence in confrontations with their vastly over-rated "coo beasts". Consequently, their desperation to maintain their status has driven them to poaching people.

We do not intend to ignore these provocations, particularly as we have now heard that Darton's engineers have moved on from devising attractive but somewhat ineffective arbalests into the area of cannon construction. In this, they are doing no more than ape the early success of several stalwarts from Southron Gaard, who are even now rewriting the design standards for cannon for all of Lochac by devising new and more efficient firing mechanisms.

Nor does it stop there -- amidst the celebrations of Yule, you will see designs presented for other siege engines, likely including some or all of ballistae, catapultae, onagers and perhaps even a trebuchet. If you are working on a design yourself, please bring it with you on June 18 to be eligible for a substantial prize in this phase of the Southron Gaard Siege Engine Challenge. See <http://sg.sca.org.nz/siege.htm> for more details.

Our answer to Darton and others of its ilk will not stop

there, of course. But this will mark a sound beginning.

Bartholomew and Katherine
Baron and Baroness of Southron Gaard

June Arts & Sciences Workshop

Venetian Glass Painting

Instructor: Lady Isabel del Aguila (f.k.a. Helois de Mont Saint Michel).

Each pottle/tube of paint is \$8.50. We expect the glasses to run about \$1 each (last seen at The Warehouse in a pack of 10 or 12 for \$10).

By sticking with white, black, red and yellow, we will be able to create simplified heraldic glasses in baronial colours a la Aldrivandini Beaker or Lichtenstein Goblet (minus the mantling, etc).

The cost of supplies (4 paints at \$8.50 each plus one pack of glasses at approximately \$10) is about \$44. Obviously, the higher the attendance, the lower the cost. Five attendees makes the per person price \$8.80. Ten attendees makes the per person price \$4.40

If you want to create anything else, you will need to BYO additional colours. You will also need to supply your own brushes.

Please let me know asap if you intend coming (see Regnum or the baronial website for contact details).

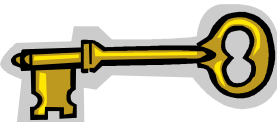
Condesa Catalina Grosol

Appointment of Chronicler

It is the determination of the Kingdom Chronicler to appoint Rose de Ludlow (Stacey Hill) to the office of Chronicler of the Barony of Southron Gaard as of June 18th, 2005.

Any objections to this appointment should be raised in writing to the Kingdom Chronicler, at chronicler@sca.org.au, or to the postal address to be found via Pegasus, no later than one week before June 18th, 2005.

From the Seneschal



Following on from the meetings on events and recruiting held earlier in the year, and the feedback the Baron and Baroness got in their interviews with the populace at large, we have been working towards the idea of adopting the medieval concept of Quarter days.

From Anglo-Saxon times, the Kings of England held their most important courts on the four quarter days, which, for them, were generally:

- Lady Day - March 25, Feast of the Annunciation of the Virgin Mary
- Midsummer Day - June 24, Feast of St John the Baptist (which would be mid-winter in the Southern hemisphere)
- Michaelmas Day - September 29, Feast of St. Michael the Archangel
- Christmas Day - December 25, Feast of the Birth of Jesus.

At these courts, royal rents would be paid, justice might be dispensed by the King, and all the most important nobles of the land would gather to feast together.

These quarter days fall very close to several of our regular events:

- Baronial Anniversary in March
- Yule in June
- A Spring or Michaelmas event in September
- A Christmas event, which we traditionally do in early December.

A bonus of focusing on these dates is that all fall well clear of any Crown events (with which we are not permitted to clash) and, along with Canterbury Faire, make a good solid framework of key events between which other events can be slotted in when we have people interested in running things.

Their Excellencies have decided to try and focus their most important Courts—those where Baronial awards are likely to be given, etc.—on these Quarter Day events. We are therefore looking for anyone who might be interested in running an event early in September (B&B are away late September), and one in early December.

The theme and type of event would be entirely up to you, the only requirement being that the schedule allows for a Court to be held. If you haven't run anything before, there are lots of experienced folks willing to lend a hand and show you the ropes, and there are also some helpful forms and notes available on the website (see <http://sg.sca.org.nz/stewards.htm>).

We look forward to hearing from you with your ideas, suggestion or event proposals.

Yours in Service

Mistress Roheisa Le Sarjent

Seneschal



Chirurgeon

The Barony is currently without a Chirurgeon. We are not required to have a Chirurgeon, but if anyone would like to apply for this position, we would welcome your interest.

You would need a current First-aid Certificate, and a current SCA membership, and would be required to register with the Kingdom Chirurgeon to become a rostered Chirurgeon.

You would be expected to attend events and provide first aid where required, or deputise another rostered Chirurgeon to do this for you. If you are interested, please send your applications to the Seneschal: seneschal@sg.sca.org.nz, the Baron and Baroness, and the Kingdom Chirurgeon: tfsawyer@yahoo.com.au

You can read more about the post at: <http://www.sca.org.au/chirurgeon/>

Baronial Introduction Cards

Baronial Introduction Cards (see below) are now available! Just write your name in the space provided, and you can hand them out to anyone you meet who is interested in what we do.

To get some of your own, please speak to the Chatelaine or Seneschal at any event.



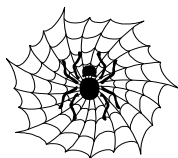
Southron Gaard Baronial Scriptorium

Learn calligraphy and illumination or hone your skills. All levels of experience are welcome.

Scriptorium is held on the 3rd Tuesday of each month, starting at 7:30pm at Clarence Street Methodist Church Hall (same location as Council). Gold coin donations accepted to help cover the venue rental costs.

If you have any questions, please contact Catalina at arts@sg.sca.org.nz

On the Web



<http://www.uwm.edu/%7Ecarlin/#MEDIEVAL%20and%20EARLY%20MODERN%20HOUSEHOLD%20and%20CONDUCT%20TEXTS>
or <http://tinyurl.com/74eof>

Books on manners and training, etc.

<http://historycarnival.blogspot.com/>

History Carnival, a collection of posts on historical matters.

<http://www.upenn.edu/gazette/0498/roman2.html/>

A potted history of Roman glass

<http://www.kubb.co.uk/home.htm>

Kubb, the Viking game.

http://www.amazon.com/exec/obidos/tg/detail/-/0750938870/qid=1116541717/sr=8-7/ref=sr_8_xs_ap_i7_xgl14/103-6940280-6071014?v=glance&s=books&n=507846

http://www.amazon.com/exec/obidos/tg/detail/-/0750938870/qid=1116541717/sr=8-7/ref=sr_8_xs_ap_i7_xgl14/103-6940280-6071014?v=glance&s=books&n=507846

A new book on perfumes and cosmetics.

<http://www.medievalchurch.org.uk/about.html>

Mediaeval religion site.

http://www.griffindyeworks.com/fiber_burn.htm

Fabric burn tests site.

<http://www.thebritishmuseum.ac.uk/compass/ixbin/goto?id=OBJ534>

http://www.frojel.com/_index.html

http://www.24hourmuseum.org.uk/nwh_gfx_en/ART17702.html

<http://www.lore-and-saga.co.uk/html/silversmith.html>

Pictures of Viking silver hoards.

http://oanda.sca.org/cgi-bin/oanda_date.cgi

SCA Ordinary and Armorial.

[http://heraldry.griffin-dor.org/groups/](http://heraldry.griffin-dor.org/groups/CoeurEnnuiBaronyof.htm)

[CoeurEnnuiBaronyof.htm](http://heraldry.griffin-dor.org/groups/CoeurEnnuiBaronyof.htm)

Territorial arms of the Knowne Worlde.

[http://www.okcupid.com/tests/take?](http://www.okcupid.com/tests/take?testid=7809636052692681167)

[testid=7809636052692681167](http://www.okcupid.com/tests/take?testid=7809636052692681167)

The Who Would You Be in 1400AD Test.

<http://scadia.bravehost.com/tigger.htm>

Tigger Heraldry site.

<http://www.york.ac.uk/inst/cms/>

University of York Centre of Medieval Studies.



Southron Gaard Baronial Singing Group

Do you like to sing? Do you have an interest in period music? If so, please join the Southron Gaard singing group led by Lady Elen Benet on Thursdays from 7:30-8:30 pm. All levels of experience are welcome.

Location: 46 Diamond Avenue, Spreydon, in the shed around back

Directions from Barrington Street (the second Orbiter Stop on Barrington Street heading towards the hills): go forward to Coronation Street and turn left. Turn left at the next street which is Diamond Avenue. Diamond Avenue bends to the right, follow that around and its about the 4th house on the right. Go down the drive to the garage and around the house to the big brown shed on the right hand side of the property. Parking on the street only.

IMPORTANT NOTE: This class is subject to the instructor's availability. Please check the mailing list for last-minute cancellations or rescheduling.

If you have any questions or need more information, please contact Catalina at: arts@sg.sca.org.nz

Fighters' Practices

Wednesday—Wednesday Fighters Practice is in abeyance pending the securing of an indoor venue.

Sunday—10:00am in the park opposite the Richmond Working Men's Club, London Street, Richmond.

NB. These practices are unofficial events.

Armour Up!

The Barony of Southron Gaard will shortly have available the following new armour items at excellent prices for intending or re-arming heavy, light and siege combatants:

- Large 14 gauge steel bascinet helm (requires visor) - under \$100
- Large five-piece mild steel articulated knees -- under \$100 per pair

Quantities are limited, and a 10% stocking fee will apply to orders placed after the armour has arrived in our lands. For more information, or to order, contact Baron Bartholomew: b&b@sg.sca.org.nz

Minutes of the Southron Gaard Council Meeting

Tuesday May 10th, AS XXXIX (2005)

PRESENT: Sebastian, Jo, Mat, Meredith, Beast, Jenny A, David, Vicky, Peter H, Jennifer J, Miriam, Peter, Charlene, Adele, Roland, Stacey.

APOLOGIES: Richard, Sasha, Cat, Al

MEETING OPENED: 7:30 pm

LAST MEETING'S MINUTES: Correction regarding business cards. The minutes didn't make it clear that the Financial committee was consulted and their full approval was gotten before any action was taken.

OFFICER REPORTS

SENESHAL: Spoke to the UCSA, CDO and the bank about the college money. Correspondence with Kingdom re: the application for a new Chronicler, Posted requests for officers Quarterly report. Due May 15th.

CHATELAINE: Nothing really happened. April Muster cancelled because of bad weather. Received lovely gown for the hire garb from Master Yoshitoshi at last month's council.

REEVE: *Main Account:*

Money In: \$218.00 (Canterbury Faire Income)
\$ 2.25 (Interest)
Money Out: \$ 45.00 (Spring Tourney)
\$ 60.00 (Council Hall Hire)

Balance in Account: \$5769.34

FTT:

Money Out: \$12.58
Balance in Account: \$101.21

Correspondence:

Have been mostly been observing in discussion of financial committee and its role. Have submitted annual report to SCANZ Inc.

HERALD: Quiet month. Been going through all the old Herald's stuff looking for any paperwork on the baronial augmentation of arms or for the badge for the Order of the Tour d'Or. Haven't been able to find any yet. Lochac Heraldic records have no mention of the augmentation of arms (although they do have Ildhafn's). Suggest we re-submit all of it and hope for the best.

MARSHAL: No report.

LISTS: No tourneys, have received notice that quarterly report is due.

EQUESTRIAN MARSHAL: This position hasn't officially been filled yet. Sasha asks that she not be listed as filling this position until it is official.

ARTS & SCIENCES: *Baronial Scriptorium:* Meets the third Tuesday of every month. We had two introductory classes on calligraphy by Sir Vitale and, starting next Tuesday, Mistress Roheisa will be doing a series of classes on illumination. Our Baroness Katherine has issued a challenge for illuminated letters to encourage participation.

Singing: The SG Baronial Singing group is going very well. We've had a great turnout every meeting. It's not too late if you'd like to join! Everyone is welcome, regardless of experience.

Baronial Library: I could use a volunteer to computer catalog the baronial library. This list can then go online on the SG website so that the populace can easily see what is available for reading or research.

Monthly musters: PLEASE bring items for A&S display at the monthly musters. Unfinished projects are welcome, no documentation needed!

Workshops: The May workshop was on 14th-century hose for men and

women. There were six participants plus a few stragglers along for company and chatter. Schedule for JUNE workshop is Venetian glass painting. Details will go out on the list for costs and materials needed as soon as I've worked it out with Miriam.

IMPORTANT: In order to have successful A&S workshops, I need feedback from the barony. What kind of classes are people interested in taking? What would make it worth their while to attend? Does the barony actually want a monthly A&S workshop? Your comments and suggestions are vital to the success of the workshops. Please email me with your thoughts. On a similar note, I need teachers! If you can teach, please do! Raise your hand and help keep the workshops going! *Baronial A&S Championships:* Yule, our next quarter day, is nearly upon us. It's not too early to enter a submission for the Baronial A&S Championship. Please get in touch with me before the event if you have something you'd like to enter at Yule so I can arrange for the appropriate judges.

Funds: In: \$13.10 April scriptorium, \$4.00 May A&S - total \$17.10. Out: \$33.50 for scriptorium supplies.

CHRONICLER: computer is currently dead, should be fixed tomorrow. Stacey has been appointed (waiting to see there are no objections) and will step up in June.

WEBWRIGHT:

1. Added a "So you want to go to Rowany Festival?" guide -- <http://sg.sca.org.nz/festival.htm>
2. Established siege-engine email list and web page to support Siege Engine Challenge - <http://sg.sca.org.nz/siege.htm>
3. Added a Baronial Singing Group song-list to the Baronial Website, including a link to the current Ildhafn song-list - <http://sg.sca.org.nz/aands.htm#songs>
4. Updated Muster page with more site-booking information, including Health and Safety

ACTION: add a note to the muster page that when bookings are made with the CCC to use the Reeve's postal address: Box 7175 Sydenham

CHIRURGEON: Still advertising for one.

CONSTABLE: Nothing to report. Had to shift again so haven't completed inventory yet. Will bring box of lost property to May Muster.

QUARTERMASTER: Received feast box from Meredith from BA. Inventory still in progress.

BARON & BARONESS:

1. Researched and reported to Financial Committee (FC) on a very low-cost option for getting a Baronial Trailer on a "share" basis
2. Discussed proposed guidelines for FC operations with FC members.
3. Attended St George encampment in Cluain; discussed proposed wars and related activities next year
4. Discussed with Emrys light-armour standard interpretations that improve upon some Quarter Court information from this year's CF, and these have been reported to Richard.
5. Sent a query to the Society Marshal regarding an upcoming ban on "Siloflex" swords, given that these have been both tested and recently approved in Lochac.
6. Applied to the Festival Fighters' Fund for about \$250 to fund silk and silk paints for large banners intended for use at Festival 2006, and also at CF etc. Contacted William Cameron of Ildhafn regarding possible supply of 6m bamboo poles to fly such banners at CF.
7. Attended combat/mixed archery practices, singing group, calligraphy, seamsters, A&S class; all seem to be progressing well, thanks to those organising and involved.
8. Attended a planning meeting for Yule, and another with a group

proposing a bid for CF 2006.

9. Met with Science Alive! representatives regarding our involvement in their forthcoming mediaeval display set to run July-September; further meetings proposed.

10. Sent early in-game Barony report to May Crown for presentation by Duncan; working on more mundane version for July Coronation.

11. Involved in much correspondence on "Baronies" list.

12. Undertook early negotiations with Baroness Constanza regarding Southron Gaard camping with St Florian de la Riviere next Festival

13. Concluded bulk armour order, 13 helms and various other items will be coming this way. Of the six helms and two sets of knees ordered by the Barony itself, all but three (possibly only one) helm and one set of knees are spoken for already.

14. Passed on information concerning low-cost arrows from Lord Emrys, blunts from Festival, and cannon parts (siege list).

15. Contacted new City Council "parks/events" officer re: invoicing for previous Muster venues, also in relation to proposed May Day Muster for May 15th

EVENT REPORTS

Canterbury Faire: No final report yet.

Baronial Anniversary: Nice event, ate a lot. Sign-in sheet was a nightmare, with people coming in at all times. Final attendance at feast was 68.

Recommendation to future stewards: Printing out a sign in list with names and membership number already on it so people can just sign by the right name. This could be done by getting numbers off them when they book.

April Muster: rained out.

UPCOMING EVENTS

May Muster: Proposal from Peter. This Sunday (15/5) in Richmond Park from 11.00 am. Including 40th anniversary of society celebration. Proposal accepted.

Ball: site booked, cost \$60, Richmond Methodist Church. Tickets selling. When people book, can they please provide their membership number. Practice week before at Richmond School hall (\$2)

Science Alive Demo: Met with them. They are keen. Will be based on Bayeux tapestry mosaic in Geraldine, 500-1500. Including armour, food, dyestuffs etc. Might get invited to do another demo in September. Further meetings are expected. We will be getting visibility, chance to broaden own knowledge. Will try to get some display things from them.

Posters: nothing to report.

ACTION: CHARLENE will look at cost and put questions to mailing list.

Yule: Completed bid. Masonic lodge (\$100/night), good kitchen, very wet site. Sat 18th June. Start at 7.00 pm. Dance/entertainment/high court. Mid-winter stuff. Still looking for cooks (will get free entrance in exchange). \$8/adult, \$10/non-member, \$4/child, <5 free. Break even at 35 people (including 10 cooks). Will make clear in advertising that is light supper (not meal). Approved.

September Waipara working party: No contact yet. Waiting for CF bid. Warders probably don't know September bookings yet anyway.

October Muster: Jo. City Council Exhibition/heritage weeks. Involving UCMRS and SCA. SCA tourney, UCMRS ball/demo. Will be requesting pretties to go on display, will be covered by insurance and can be in locked cases. Info forms will be available for anyone who would like to be more involved (snapshot of life). NB. Don't put anything you'll need for the event into the display.

Laurel visit/collegium event: ACTION: LOOKING FOR STEWARD. NB. Ee do have more Laurels in the country (incl Stephano). Also local mundane teachers (hawking, willow weaving etc.). Were hoping for October/November.

Canterbury Faire: Meredith. No forms filled in yet, will bring official stuff to next council meeting. Working off Richard's budget, but will be more optimistic on attendance (will be on holiday weekend). Sat feast?, Fri theatre/feast?, Sun market/ball. Thinking of an Italian Rev Carnival theme. Will be approaching Master Stephano regarding feast. ACTION: Note in FTT and SG Announce, 9th to CF, call for bids.

Bids will be considered at next council meeting.

July Muster: Meredith. Thinking of non-fighting focus. Inside event, encourage people to bring sewing etc. Possibly at WEA.

GENERAL BUSINESS

Group visit to 'Kingdom of Heaven', a crusaders movie: Some interest. Stacey has volunteered to organise. Suggestion of picking day/time and sticking on mailing list. Movie theatre preference is for Riccarton or Readings. Request not a Tuesday or Thursday and not too late.

College fund status: Talked to bank. The money isn't going anywhere until unfrozen by USCA AND signatories of account. This would require a meeting of the college. Suggestion that we ask the signatories to redirect the statement to Baronial Reeve so we know what's happening. The money is currently safe and not touchable by anyone. Richard is willing to sign a letter to redirect statements. ACTION: Write letter and get hold of Rosa and Jenny M to ask them to sign it. Note: there appears to be nothing we can currently do to wind this up.

Baronial trailer: Vicki & Peter's neighbour has a trailer they aren't using much that they are happy for us to use in exchange for paying one third of the maintainance and buying a chain and padlock to lock it to a power pole. It is small but is enough for the B&B's use. What we would be paying is about two trailer hires a year. If major repairs were required the trailer would be dumped rather than paying too much. Reeve would prefer annual sum rather than being asked each time. Peter will return to them with a suggestion of an annual payment plus incidental payments for repairs. Accepted. ACTION: PETER H to see to it.

Financial committee guidelines:

Proposed Southron Gaard Financial Committee Guidelines:

1. The FC is a servant of the Barony. Its aim as far as possible is to further and expedite the intentions of the Baronial Council for the good of the Barony.

2. The FC will undertake research or purchasing decisions when requested to do so by Council.

3. Any member of the Barony may request the FC to make a financial decision on the grounds of urgency, though the FC may decline to act.

4. Where the FC is asked to make a decision which has not previously been referred to it by Council, or which may in some way countermand an earlier directive from Council, the FC will first decide whether the decision has elements of timing and/or importance which justify its involvement.

5. In keeping with SCANZ policy:

a) the FC may devolve its authorisation powers to the Seneschal and Reeve for decisions involving lesser sums, e.g. under \$200

b) either the Seneschal or Reeve may also act to authorise expenditure in emergency situations provided their decision is reviewed by the FC within 7 days.

6. Decisions taken by the FC involving sums under \$500 (or 20% of Baronial funds, whichever is less) are binding if three or more members are in agreement. For larger sums, decisions must be unanimous among those able to be consulted in a timely fashion through normal means, including both email and telephone.

7. Any decisions taken by the FC shall be reported by the Seneschal at the next Council meeting. The report will include a brief statement outlining the justification for the actual decision and the reason why it was taken when it was. When presenting the report, the Seneschal shall have available the key supporting information used by the FC in taking its decision, in case Council wishes to see that information.

Comment, the amounts feel too high. Bring the first one (\$200) down to \$100, and the second one (\$500) down to \$300.

ACTION: Those alterations will be made and document made available (on mailing list and in FTT) for people to read over month, then bring back to next meeting.

Suggestion: only one of B&B should be on it at a time.

Request for prices for kitchen equipment.

Augmentation of Arms: no progress.

MEETING CLOSED: 8:50 pm.

Southron Gaard Siege Engine Challenge Rules

The Southron Gaard Siege Engine Challenge will be held towards the end of this year, most likely the first weekend in December, and will use the competition rules outlined below. They are being published now as a guide to the teams now forming to design and build siege engines. Note: minor variations may be made to the rules before the Challenge at the discretion of the Baron of Southron Gaard, or on the day by the Rangemaster.

For more information on the Challenge, and a great many useful resources, see: <http://sg.sca.org.nz/siege.htm>

Competition Rules

The Challenge itself will be run by a Rangemaster: either His Excellency Bartholomew or someone designated by him who has the confidence of the Kingdom Siege Marshal. No weapon may be entered unless it has first been deemed safe by the Rangemaster, in accordance with the inspection and test-firing procedure in the latest published Lochac siege rules, and other rule-sets which they reference.

All decisions on the conduct and scoring of the competition rest solely with the Rangemaster.

There will be two competition types, with these targets:

A. For direct fire weapons: a full-sized human form with a large central hole and a smaller hole in the head, and a 1.5m deep x 2.5m wide rectangle defined on the ground around it to represent a shield wall or other large target.

B. For indirect fire weapons: A 3m wall of boxes or similar at least 1.5m high, with a target zone denoted by a 3m square laid out on the ground immediately behind it.

A weapon may enter both competitions if it is capable of doing so safely, and its combined score will count towards the Grande Prix (see below).

A. Direct Fire Competition

Both the "own pace" and "speed round" exercises below will be completed and scored at both 30m and 45m ranges. These figures may be varied somewhat on the day at the discretion of the Rangemaster, based on the distances the machines attain during test firing.

1. *Own pace*: Each crew will fire six shots at their own pace. The Rangemaster may stagger firing between machines as seems appropriate, safe and efficient.

2. *Speed round*: This will be followed by a speed round of sixty seconds for each machine.

In the speed round, each machine may start fully loaded and ready to fire, but multi-barrelled weapons may not employ swappable magazines of pre-pressurised shells once they have discharged their original magazine. However, single-shot cannon may do so, and there is no restriction on the use of crank-operated arbalests or similar machines whose design permits a high rate of fire.

Scoring in all rounds is as follows:

1 point if the area around the target is hit, regardless of where the missile comes to rest

3 points for a direct hit

4 points if the missile goes through the centre hole in the target

5 points if the missile goes through the head of the target

Note: a weapon firing a multi-shot load may score no more than 5 points per discharge.

B. Indirect Fire Competition

As for the Direct Fire competition, two ranges such as 30m and 45m will be set by the Rangemaster on the

day and both rounds below will be shot at each range.

1. Own pace: Each crew will fire six shots at their own pace (the Rangemaster may stagger firing between machines as seems appropriate, safe and efficient).
2. Speed round: This will be followed by a speed round of sixty seconds for each machine.

The same initial-loading, etc., rules apply for the speed round as for the Direct Fire competition.

Scoring in all rounds is as follows:

1 point for a hit on the wall, regardless of whether or not any damage is done

3 points for a hit in the target zone behind the wall, regardless of where the missile comes to rest

Note: a weapon firing a multi-shot load may score no more than 3 points per discharge.

C. Crew Points

In addition to the target competition results, Crew Points will be applied to help determine the winner of each competition type, and the Grand Prix. These will be calculated as follows:

- a) 1 point for each crew member wearing at least Lochac light- standard combat armour during the firing phases of the competition
- b) 2 additional points for each crew member resident in Southron Gaard who meets requirement (a) and who has never previously taken the field as a fighter in a war scenario at Canterbury Faire
- c) 2 additional points for each crew member meeting requirement (b) who has authorised or is able to authorise on the day in at least one other war-legal weapon form, e.g. bow/crossbow, heavy

The Rangemaster shall have full discretion in applying the above, including determination of who is, or is not a "crew member"; the chief determinant being involvement in the loading, aiming and/or firing of the machine during the firing phases of the competition.

D. War Points

If time and numbers allow, the Rangemaster may elect to arbitrarily divide the machines and crews and engage in one or more field war scenarios. These may include use of non-siege weapons and fighters, but be aware that no heavy fighting may take place within 10m of a machine. A machine on the winning side of any scenario will receive two War Points.

E. Appearance/Authenticity Points

The Rangemaster may consult with as few or as many people as desired (e.g. the Kingdom Siege Marshal, if present) to give each machine a score of up to 5 "Appearance Points" as they see fit. They may take into account the documentation, design, construction and decoration of the machine, and also the general appearance, behaviour and knowledge of the crew.

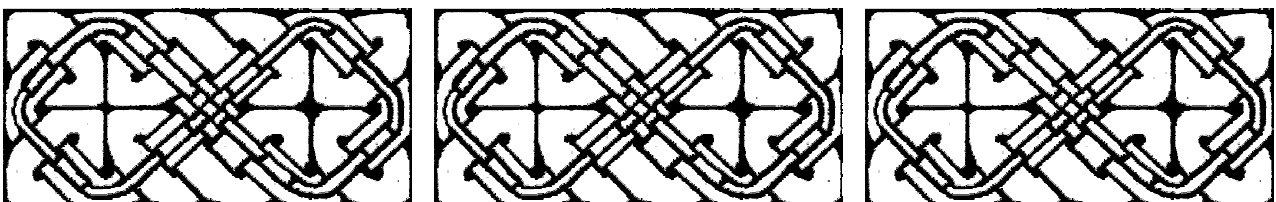
Prizes

Three prizes will be awarded based on the above scores:

Direct Fire Competition Prize: The machine with the highest sum of A+C+D+E. Ties will be resolved by a countback eliminating first E, D, C and then the speed round until there is a clear winner.

Indirect Fire Competition Prize: The machine with the highest sum of B+C+D+E, ties as above.

GRAND PRIX: The machine with the highest sum of A+B+C+D+E, ties as above.



Calendar

Events marked in **bold** are local; others should be listed among the miscellaneous contact details. Any events marked in *italics* are hosted by groups other than Southron Gaard.

June

Wed 01	Fighters' practice (in abeyance)
Thu 02	Singing
Fri 03	Pub social night
Sun 05	Fighters' practice, Archery, Light combat
Tue 07	Arts & Sciences evening (p iii)
Wed 08	Fighters' practice (in abeyance)
Thu 09	Singing
Sun 12	Fighters' practice, Archery, Light combat
Tue 14	Southron Gaard Council meets
Wed 15	Fighters' practice (in abeyance)
Thu 16	Singing
Sat 18	Yule event (p xi)
Sun 19	Fighters' practice, Archery, Light combat
	From the Tower deadline
Tue 21	Baronial Scriptorium (p v)
Wed 22	Fighters' practice (in abeyance)
Thu 23	Singing
Sun 26	Fighters' practice, Archery, Light combat
28	Guild of Seamsters meets (p ii)
Wed 29	Fighters' practice (in abeyance)
Thu 30	Singing

July

Fri 01	Pub social night
Sun 03	Fighters' practice, Archery, Light combat
Tue 05	Arts & Sciences evening
Wed 06	Fighters' practice (in abeyance)
Thu 07	Singing
Sun 10	Fighters' practice, Archery, Light combat
Tue 12	Southron Gaard Council meets
Wed 13	Fighters' practice (in abeyance)
Thu 14	Singing
Sun 17	Fighters' practice, Archery, Light combat
	From the Tower deadline
Tue 19	Baronial Scriptorium
Wed 20	Fighters' practice (in abeyance)
Thu 21	Singing
Sun 24	Fighters' practice, Archery, Light combat
Tue 26	Guild of Seamsters meets (p ii)
Wed 27	Fighters' practice (in abeyance)
Thu 28	Singing
Sun 31	Fighters' practice, Archery, Light combat

Far Future

Midwinter Coronation 2006—bids are now open, and will close at Rowany Festival.

November Crown Tournament 2006—bids will open at Rowany Festival, and close at Mid-winter.

Twelfth Night Coronation 2007—Bids will open at Mid-winter, and close at Spring War in October.



Events Afar

See Regnum for contacts and web sites

Ildhafn (Auckland)

Wednesdays	Fight practice, needlework
Saturdays	Archery practice
Sundays	Fighters' practice

Dartonsire (Wellington)

Sundays	Fighters' Practice
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Wellington Mediaeval Guild

Sundays	Dance practice
Wednesdays	Arts & Sciences meeting

Cluain (Hamilton)

Thursdays	Fighters' practice
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University of Canterbury

Medieval and Renaissance Society

Arts & Sciences classes: Wednesday 6:30pm, UCSA International room, 90 Ilam Rd, Ilam.

Weapons Practice: Saturday 2pm, Spreydon School sports field, cnr Curletts Rd and Lincoln Rd (weather permitting). Wednesday 8-10pm, UCSA Ballroom, 90 Ilam Rd, Ilam (After arts and sciences).

Archery practice alongside fighter's practice every Saturday

Dance classes: Mondays, 8pm to 9pm (general/beginner), 9pm to 10pm (demonstration), 'Creation', 105 Worcester Street (between the Cathedral and Manchester St)

Miscellaneous Contact Details

Southron Gaard Council: 7:30 pm, second Tuesday of each month, at the Clarence Street Methodist Church hall, corner Clarence and Nelson Streets, Riccarton.

Seamsters' Guild: 7:30 pm, third Thursday of each month to discuss and work on sewing and handcraft projects. Contact Baroness Sinech for topics and further information: (03) 382-6388; lilar@clear.net.nz

Fighters' Practices: Wednesdays, 6.30 pm, at Richmond Park (opposite Working Men's Club, London Street); and Sundays, in conjunction with archery, from 10.00 am at Dean's Bush, Riccarton.

Archery Practices: Fine Sundays from 2:00 pm, Kirkwood Avenue entrance, Kirkwood Intermediate School. Targets and some bows available. Contact THL Richard d'Allier (see Regnum).

Middle Eastern Guild of Southron Gaard: For information on upcoming meetings and projects contact Lady Isabel, email: chevron @paradise.net.nz or phone 981-1066.

Yule

a medieval mid-winter festivity, AS XXXX

When: Saturday June 18, from 7pm

Where: The Crown Masonic Centre, 74 Wordsworth Street,
Sydenham

Steward: Mistress Roheisa le Sarjent, 44 Frankleigh Street or e-mail
seneschal@sg.sca.org.nz

Tickets: \$8.00 (add \$2 for non-members, children half price, toddlers
free)



This is a chance to put on your finery and celebrate Yule (Medieval Christmas) as in days of old. There will be a High Court, dancing, singing, entertainments and games. A supper will be served mid- evening and gifts given by the Baron & Baroness.

Please bring, games such as skittles, boules, chess, backgammon, cards etc, lots of candles, a bowl and a drinking vessel.

***Note: There will be a light supper, but this is NOT a feast,
so do eat beforehand.***

Early Music Performance Evening

We would like to inform you of an Early Music Performance Evening to be held in Christchurch on 7 July.

We invite any of your members with an interest in early music to attend as performer or audience. Note that by "early music" we mean anything up to 18th (or even 19th) century played in appropriate style, i.e. medieval, renaissance, and baroque.

This will be a low key and fun event and will also be a chance to create a network of early music enthusiasts in Christchurch.

Gillian and Mark



For the Winds of Waitaha Trust
Mark McKinstry & Gillian Calvert
65c Rugby St., Merivale
Christchurch 8001
New Zealand
Phone: (+64 3) 355-3551
Email: gillianandmark@magi.gen.nz



The Annunciation—Fecamp Psalter

Rowany Festival 2006

Next year, the Barony of Southron Gaard will be joining the other groups from these lands in defeating an attempt by the Barony of Ynys Fawr to claim us all for their would-be "Principality".

Come to Festival 2006 to join our allies in this great struggle, and to see just how much fun a 1000-person SCA camping event can be!

For detailed information on logistics, travel costs, food and camping, see <http://sg.sca.org.nz/festival.htm>



Armourer Available

Lord Dieter von Metzger announces that he is now able to undertake small armouring projects, and invites anyone needing such items made, especially before Canterbury Faire, to contact him at:

Ph. 360-0909



An SCA Name for New Zealand

The Crux Australis Herald of Lochac has begun a process to determine an acceptable SCA name for the land mundanely known as New Zealand.

The first phase of the process - nominations of plausible candidates - ends on June 2, though late submissions may be accepted. Anyone may make a nomination by emailing it to Lord Wakeline at: herald@sca.org.au with a subject line of "NZ naming suggestion".

For more information, plus a collection of resources and opinions from earlier discussions on this subject, see <http://sg.sca.org.nz/nznames.htm>

Making Recommendations

Greetings,

One of the most pleasurable aspects of being your Baron and Baroness is facilitating recommendations and awards to worthy people throughout our Barony.

But we need you to help us by making recommendations and thus ensuring that those who deserve recognition are brought to our and the Crown's attention. Therefore, expect to get a reminder like this every few months!

There are some tips on the Southron Gaard Website about how to go about writing a recommendation - including template letters. There are also links to pages that describe the various Baronial and Lochac awards (and, in one case, rough Caidan equivalents, in case it helps).

You can find the information on the Kingdom awards here: <http://sg.sca.org.nz/heraldry.htm#recommend>

And there is information on Baronial Awards here: <http://sg.sca.org.nz/traditions.htm#bawards>

Our next Quarter Day Court is at the Yule event on June 19. If you are considering any gentles for recommendations in any area, we'd like to encourage you to get them in now.

Some suggestions and clarifications:

* Use the online Order of Precedence at:

<http://sg.sca.org.nz/order.htm> to find out whether someone already has an award you are considering. And bear in mind, if they are not in the OP, they don't have even an Award of Arms yet!

* Grant level awards aren't limited to the fields of Rapiery or Archery, and the Crown WILL accept Grant recommendations related to exemplary achievements or skills, rather than "service only". So if you think someone is worthy of a Grant of Arms for their work, please say so.

* You can decide for yourself whether to recommend someone for a Lochac award which is similar to a Caidan award they already have. Such a recommendation will be given full weight by Their Majesties if it recognises a novel or continuing body of work (rather than work which pre-dated the change of Kingdom).

* That certainly does NOT mean that work that preceded the change of Kingdom should be dismissed: if you feel that someone has not received due recognition for their efforts or achievements, whenever it was done, please make a recommendation!

In service,

Bartholomew and Katherine

New Findings May Help Preserve Rare Gutenberg Bibles

Known as the first books to be produced using movable type, the Gutenberg Bibles are also famous for their colorful illustrations. But the exact composition of these 15th-century painted images, which depict animals, flowers, fruit and other decorative figures, has remained a mystery, until now.

Using non-invasive analytical techniques, a team of researchers in England say they have for the first time precisely identified the pigments used to illustrate seven Gutenberg Bibles located in Europe.

The findings provide chemical data that could ultimately help preserve and restore these rare historic treasures as well as provide insights into the printing practices of early Europe, they say.

Find out more at: <http://www.sciencedaily.com/releases/2005/05/050512100409.htm>

A Call to the Embroiders of Southron Gaard

Unto the gifted embroiderers of Southron Gaard does Katherine Kerr send her greetings, and a plea for you to demonstrate the skills you have and the beauty we know well you can create.

Hangings are needed to brighten up the Baronial Pavilion at Canterbury Faire where we intend it be used as a dining area and meeting place for visiting baronages and royalty who may grace our fair shores.

These hangings may be stitched in any fashion, with any subject or design that you wish, the only requirement being that somewhere within the design there should appear the Tower of Southron Gaard (long may she stand!).

Finished hangings need to measure no more than 70 centimetres wide by a height of 120 centimetres. I shall be providing backing cloth to protect your work and arranging final completion of the hangings, but you may choose to display your craft on linen, wool, silk or such other fabric as seems suitable for your purpose.

Should you have any questions of me regarding this project, please do not hesitate to ask. You have until year-end to complete your work, so set thread to needle and we will all delight in being dazzled by the many and varied talents of these lands.

katherine

Southron Gaard Financial Committee

SCANZ Inc. rules have introduced the concept of a Financial Committee for large groups like our Barony (see ITEM ONE below).

Since this structure is new to us, the Baronial Council asked the members of the newly-constituted Financial Committee in April to come up with a set of operating guidelines.

These were presented at the May Council meeting, and small amendments made. The resulting guidelines are presented below (ITEM TWO). If you have any comments or suggestions, please let us know, or bring them to the June Council meeting.

ITEM ONE

Extract from SCANZ Financial Policy (Nov 2004):

6.1. RESPONSIBLE OFFICERS

All expenditure must be authorised in advance by two or more persons designated by the Branch as having approval authority. This should include the Branch Treasurer and/or Seneschal. Fully documented receipts or statement of expenditure must be provided to support all cash outlays in excess of \$20.00, even where expenditures have been budgeted in advance (as for ongoing office expenses).

This rule applies to anyone expecting reimbursement from the Branch, including Crowns and ruling nobles. In emergency situations only, the Seneschal or Branch Treasurer of the group may authorise expenses on a case-by-case basis. This type of authorisation should be severely limited and must be reviewed within 7 days by the normal authorisation procedure.

Larger groups, which are those known as Baronies, shall establish a Committee of no fewer than five (5) persons with at least the Seneschal, Treasurer and either the Baron or Baroness as members of this committee with authority to approve major expenditures. If the reasonableness of an expense is uncertain, Corporate Treasurer should be consulted prior to any commitment.

ITEM TWO

Southron Gaard Financial Committee Guidelines:

1. The FC is a servant of the Barony. Its aim as far as possible is to further and expedite the intentions of the Baronial Council for the good of the Barony.
2. The FC will undertake research or purchasing

decisions when requested to do so by Council.

3. Any member of the Barony may request the FC to make a financial decision on the grounds of urgency, though the FC may decline to act.

4. Where the FC is asked to make a decision which has not previously been referred to it been referred to it by Council, or which may in some way countermand an earlier directive from Council, the FC will first decide whether the decision has elements of timing and/or importance which justify its involvement.

5. In keeping with SCANZ policy:

- a) the FC may devolve its authorisation powers to the Seneschal and Reeve for decisions involving lesser sums, e.g. under \$100

- b) either the Seneschal or Reeve may also act to authorise expenditure in emergency situations provided their decision is reviewed by the FC within 7 days.

6. Decisions taken by the FC involving sums under \$300 (or 20% of Baronial funds, whichever is less) are binding if three or more members are in agreement. For larger sums, decisions must be unanimous among those able to be consulted in a timely fashion through normal means, including both email and telephone.

7. Any decisions taken by the FC shall be reported by the Seneschal at the next Council meeting. The report will include a brief statement outlining the justification for the actual decision and the reason why it was taken when it was. When presenting the report, the Seneschal shall have available the key supporting information used by the FC in taking its decision, in case the Council wishes to see that information.



Camping Without a Cooler

From: <http://www.daviddfriedman.com/Medieval/Articles/Camping%20without%20a%20cooler.html>
Via MedievalTrivia@yahoo.com

Some recipes for camping food that doesn't need to be kept in a cooler.

Prince-Bisket (Hugh Platt p. 14/94): Take one pound of very fine flower, and one pound of fine sugar, and eight eggs, and two spoonfuls of Rose water, and one ounce of Caraway seeds, and beat it all to batter one whole houre: for the more you beat it, the better your bread is: then bake it in coffins, of white plate, being basted with a little butter before you put in your batter, and so keep it. [end of original]

4 c flour (1 lb)
4 t caraway seeds (1 oz)
2 c sugar (1 lb)
2 t rose water
5 large eggs

Beat all ingredients together one whole hour (or do a fourth of a recipe at a time in a food processor, running it for several minutes or until the blades stall). Spoon out onto a greased cookie sheet as 3" biscuits and bake about 20 minutes at 325deg.

To make an Excellent Cake (Digby p. 219/175): To a peck of fine flour take six lbs of fresh butter, which must be tenderly melted, ten pounds of currants, of cloves and mace, 1/2 an ounce of each, an ounce of cinnamon, 1/2 an ounce of nutmegs, four ounces of sugar, one pint of sack mixed with a quart at least of thick barm of ale (as soon as it is settled to have the thick fall to the bottom, which will be when it is about two days old), half a pint of rosewater; 1/2 a quarter of an ounce of saffron. Then make your paste, strewing the spices, finely beaten, upon the flour: then put put the melted butter (but even just melted) to it; then the barm, and other liquours: and put it into the oven well heated presently. For the better baking of it, put it in a hoop, and let it stand in the oven one hour and a half. You ice the cake with the whites of two eggs, a small quantity of rosewater, and some sugar. [end of original]

2 c flour
1/2 t cinnamon
1/4 c ale yeast settled out of homemade
3/8 lb = 1 1/2 sticks butter
1/4 t nutmeg
mead or beer (or 1 t dried yeast)
5/8 lb currants = 2 c
1/2 T sugar (dissolved in 3 T water)
1/4 t cloves
2 T sack (or sherry)
1 T rosewater
1/4 t mace
8 threads saffron

Icing

1/8 egg white (about 2 t)
1/4t rosewater
2 T sugar

This is scaled down to 1/16th the original. Mix flour, spices, and sugar. Melt butter, mix up yeast mixture, and crush the saffron in the rosewater to extract the color. When the butter

is melted, stir it into the flour mixture, then add sherry, yeast mixture, and rosewater-saffron mixture. Stir this until smooth, then stir in currents. Bake at 350deg. in a greased 10" round pan or a 7"x11" rectangular pan for 40 minutes. Remove from pan and spread with a thin layer of icing; cut up into bar cookies or as desired.

These are a little out of period (mid-17th century). They are a great favorite and very rich.

Preparation of Musammana [Buttered] Which Is Muwarraqa [Leafy] (Andalusian p. A-60): Take pure semolina or wheat flour and knead a stiff dough without yeast. Moisten it little by little and don't stop kneading it until it relaxes and is ready and is softened so that you can stretch a piece without severing it. Then put it in a new frying pan on a moderate fire. When the pan has heated, take a piece of the dough and roll it out thin on marble or a board. Smear it with melted clarified butter or fresh butter liquified over water. Then roll it up like a cloth until it becomes like a reed. Then twist it and beat it with your palm until it becomes like a round thin bread, and if you want, fold it over also. Then roll it out and beat it with your palm a second time until it becomes round and thin. Then put it in a heated frying pan after you have greased the frying pan with clarified butter, and whenever the clarified butter dries out, moisten [with butter] little by little, and turn it around until it binds, and then take it away and make more until you finish the amount you need. Then pound them between your palms and toss on butter and boiling honey. When it has cooled, dust it with ground sugar and serve it. [end of original]

2 c semolina flour
1 T+ sugar
aprox 5/8 c water
1/4 c butter at the end
1/4 c = 1/8 lb = 1/2 stick butter, melted
1/4 c honey at the end (or more)
1/4 c clarified butter for frying

Stir the water into the flour, knead together, then gradually knead in the rest of the water. Knead for about 5-10 minutes until you have a smooth, elastic and slightly sticky dough that stretches instead of breaking when you pull it a little. Divide in four equal parts. Roll on out on a floured board to at least 13"x15". Smear it with about 4 t melted butter. Roll it up. Twist it. Squeeze it together, flatten with your hands to about a 5-6" diameter circle. If you wish, fold that in quarters and flatten again to about a 5-6" circle. Melt about 1 T of clarified butter in a frying pan and fry the dough about 8 minutes, turning every 1 1/2 to 2 minutes (shorter times towards the end). Repeat with the other three. Melt 1/4 c butter, heat 1/4 c honey. Beat the cooked circles between your hands to loosen the layers, put in a bowl, pour the honey and butter over them, dust with sugar, and serve. If you are going to give it time to really soak, you might use more butter and honey.

For regular flour, everything is the same except you may need slightly more water. You can substituted cooking oil for the

clarified butter (which withstands heat better than plain butter) if necessary.

Lord's Salt (Icelandic p. 215/D1): One shall take cloves and mace, cardamom, pepper, cinnamon, ginger an equal weight of each except cinnamon, of which there shall be just as much as of all the others, and as much baked bread as all that has been said above. And he shall cut it all together and grind it in strong vinegar; and put it in a cask. That is their salt and it is good for half a year.

How to Make Use of the Salt Spoken of Above (Icelandic p. 215/D1): When a man wants to use of this salt, he shall boil it in a pan over coals without flame. Then he shall take venison of hart or roe and carefully garnish with fat and roast it. And cut it up well burned; and when the salt is cold than the meat shall be cut up therein with a little salt. Then it can lie for three weeks. So a man may long keep geese, ducks, and other game if he cuts them thin. This is the best salt the gentry have. [end of original]

1 t cloves
1 T + 2 t cinnamon
1 1/8 t mace
2 T + 2 t breadcrumbs
1/2 T cardamom (measured whole)
2 c strong vinegar
1 3/16 t pepper
1 t salt
1 1/2 t ginger

Grind cardamom and mix all spices together. (This quantity is 2 g of all spices except the cinnamon, of which there is 10 g; it adds up to 3 1/2 T total.) To use, add 1 t of salt to the spice mixture, the breadcrumbs and the vinegar, simmer it briefly, cool it, then mix it in with your meat and close up the container. This quantity will preserve a 2 c container of cooked, sliced meat or fowl (1 to 1 1/2 lb).

The two recipes below are ones in which we have used the pickled meat; ingredients marked with an asterisk should be left out when preparing it with the pickled meat and only used when making the dish with fresh meat.

Conyng, Hen, or Mallard (Two Fifteenth Century p. 80/70): Take conyng, hen or mallard, and roast him almost enough; or else chop him, and fry him in fresh grease; and fry onions minced, and cast altogether into a pot, and cast thereto fresh broth and half wine; cast thereto cloves, maces, powder of pepper, canel; then stepe fair bread with the same broth and draw it through a strainer with vinegre. And when it hath well boiled, cast the liquor thereto, and powder ginger, and vinegre, and season it up, and then thou shall serve it forth. [end of original]

3 lbs boned chicken, duck or rabbit
*1/4 t cloves
6 slices bread
2 or 3 medium small onions
*1/4 t mace
1 c wine
1 T oil
*1/4 t pepper
*1/4 t ginger
2 c chicken broth

*1 t cinnamon

1/2 t salt

*4 T red wine vinegar

Wash off the pickled meat and let drain; chop onions; put bread to soak in half of your chicken broth; build your cooking fire and let it generate some hot coals. Heat oil in a heavy frying pan or pot and fry onion and meat in it. When the onions are translucent, add wine and the remaining broth and let cook 15 minutes, adding more liquid if necessary. Mash soaked bread into its liquid; add this and salt to meat. Heat through, stirring to keep it from burning, and serve.

Stwed Mutton (Two Fifteenth Century p. 72): Take faire Mutton that hath ben roste, or elles Capons, or suche other flessch, and mynce it faire; put hit into a possenet, or elles bitwen ii siluer disshes; caste thereto faire parcely, And oynons small mynced; then caste there-to wyn, and a litull vynegre or vergeous, pouder of peper, Canel, salt and saffron, and lete it stue on the faire coles, And then serue hit forthe; if he have no wyne ne vynegre, take Ale, Mustard, and A quantite of vergeous, and do this in the stede of vyne or vinegre.

1 1/2 lb boned lamb

*1 t pepper

1/4 c fresh parsley or 2 T dried

*1/2 t cinnamon

2 medium onions (1 1/4 lb)

1 t salt

3/4 c wine

3 threads saffron

or 1 c dark beer + 1/2 t ground mustard

about 1/2 c water

*2 T vinegar

Wash off the pickled meat and let drain; chop onions; build your cooking fire. Combine all ingredients in a covered stew pot; use enough water so that there is just enough liquid to boil the meat in. Simmer it about half an hour and serve it forth.

References

Sources marked with * are included in *A Collection of Medieval and Renaissance Cookbooks*, ed. Cariadoc of the Bow, 5th edition, 1988.

An Anonymous Andalusian Cookbook of the Thirteenth Century, a translation by Charles Perry of the Arabic edition of Ambrosio Huici Miranda with the assistance of an English translation by Elise Fleming, Stephen Bloch, Habib ibn al-Andalusi and Janet Hinson of the Spanish translation by Ambrosio Huici Miranda, published in *A Collection of Medieval and Renaissance Cookbooks*, vol. II, ed. David Friedman/Cariadoc of the Bow, 5th ed., 1988.

Two Fifteenth Century Cookery Books (1430-1450), ed. Thomas Austin, Early English Text Society, Oxford University Press, 1964.

Sir Kenelm Digby, *The Closet of Sir Kenelm Digby, Opened**, 1669.

An Early XIII Century Northern-European Cookbook, by Rudolf Grewe, in *Proceedings of A Conference on Current Research in Culinary History: sources, Topics, and Methods*, Culinary Historians of Boston, 1985.

*An Old Icelandic Medical Miscellany**, tr. Henning Larsen, in *Det Norske Videnskaps-Akademi i Oslo*, 1931.

Hugh Platt, *Delights for Ladies** (1609).



Society for Creative Anachronism (New Zealand) Inc.

Membership Application

Version 1.4 October 12, 2004

New Membership ☐ Renewal ☐ Replacement card ☐ Change of information ☐

About you:

Membership number: _____

First Name: _____ Family Name: _____

Postal Address: _____

Suburb: _____ City: _____

Telephone number (Home) _____ (Mobile) _____

Occupation: _____ Are you under 18? ☐

(We are required to collect and keep your occupation on file by the Incorporated Societies Act 1908)

Email address: _____

Society Name: _____

Membership type:

☐ Subscribing membership \$40 ☐ Associate membership \$22

☐ Family membership \$20 ☐ Replacement card \$5

(Family members receive no kingdom newsletter. Available only to members at the same address as a holder of a full membership. Associate memberships do not include a kingdom newsletter subscription, and do not entitle you to hold office in the SCA or fight for Crown.)

I declare that the information given is true and correct:

Signed (please use legal name):

Payment information:

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