

# From The Tower



**Barony of Southron Gaard**

**July A.S. LV  
(2020 C.E.)**

## Inside this Issue

Chronic Ramblings .....	2
Kingdom of Lochac.....	3
Missive from the Kingdom Seneschal .....	3
Baron and Baroness Southron Gaard .....	4
Missive from Adora .....	5
Baronial Anniversary .....	6
Making a shoulder yoke .....	11
Virtual Collegia! .....	15
Situations vacant.....	15
July Calendar.....	16
Southron Gaard Regnum.....	17
SCA (NZ) Inc. Membership.....	18
Southron Gaard Council Provisional Minutes.....	19



## Chronic Ramblings

We're certainly into winter now, having barely seen the sun at all for the best part of two weeks! But we're also on the other side of the midwinter solstice, and so these dark days will gradually start to lighten. And on that note, the plague restrictions are easing and we've started having events again! Check out photos from our recent Baronial Anniversary on page 7. Lowrens spent his lockdown time virtuously crafting things and then photographing them and writing up articles for FTIT, bless him! See his shoulder yoke on page 12, and take inspiration from his good works!

Yours in Service,

Agnes Graye



### Image Credits for this issue:

Cover: THL Joana de Bairros (Elisabetta Foscari) is awarded the Coeur Loyale

Thanks Mistress Isabel Maria for the image

Event photos from Agnes, except the plate of quail, that's from Baron Callum.

Assorted clipart and marginalia from around the web



# **Kingdom of Lochac**

## **King Theuderic and Queen Engelin**



Please send award recommendations to [crown@lochac.sca.org](mailto:crown@lochac.sca.org) with a courtesy copy to [B&B@sg.lochac.sca.org](mailto:B&B@sg.lochac.sca.org).

Please check Lochac Cannon Lore for an individual's existing awards and information about awards, additional information can be found on the Kingdom website: [www.lochac.sca.org](http://www.lochac.sca.org)



### **Missive from the Kingdom Seneschal**

Greetings and good tidings to you all!

It has most definitely been a rollercoaster over the last few months! I do have to joyous news of saying that in line with the easing of restrictions across the country, in person activities are able to resume from the 1st June.

To ensure we are able to maintain contact tracing, it is imperative that records of attendance are kept that include mundane name and membership number. For non-members, you must keep a record of mundane name and either address or mobile number. This is important for record of attendance and contact if required.

If you are not feeling well, or experiencing signs of the virus, please DO NOT attend.

Regarding events and activities, there will be explicit consideration of risk and strategies to reduce transmission.

Cheers,

Countess Beatrice Maria Malatesta



## Baron and Baroness Southron Gaard

Unto the Populace of Southron Gaard do Grim and Alexandra send greetings,



It's been a month.

Coming out of a hard autumn campaign it was good to see the populace coming together to celebrate the beginning of the month with our usual monthly tournament. We believe that this event was the first in Lochac after our lockdown restrictions were lifted and we were pleased to be able to see you all and do something "normal" again. The Heavy tournament was won by Sir Tycho and the archery by Darius.

This last weekend saw the celebration, previously delayed, of Southron Gaard's Baronial Anniversary. A joyous celebration with a wide range of classes and competitions over the weekend. The Arts and Sciences Championship was contested by four diverse entries in a tight competition. A fantastic feast was held on the Saturday night, with delicious winter fare. The atmosphere that developed during the evening was reminiscent of feasts on the Shire days, with everyone gathered as one community. Sunday saw the martial championships take pace. The Heavy Championship was contested by 8 fighters, and the rounds broken up with Youth Armoured Combat. Sadly the Archery Championship was postponed due to weather, stay tuned for updates.

Awards given at Baronial Anniversary:

Lady Amabilia Thexton - Tour d'Or for services to the Barony, especially Gildenwick and The Fleur de Galant presented by the previous recipient, Lady Vigdis.

THL Joana de Bairros (Elisabetta Foscari) - Coeur Loyale

Lady Matilde de Villiers - Coeur Loyale

Our Champions for this year are:

Sir Ratbot – Heavy Champion

Baron Thorald – A&S Champion

Master James – Rapier Champion

We travel to Wildmoor in July, to visit the lands there, and to feast within the warmth of the Wildmoor Halls. We are looking forward to this visit greatly.

Yours in Service,

Grim and Alexandra

Baron and Baroness of Southron Gaard.



## Missive from Adora

Greetings, Salutations & Geuflections to Our Fair Cousins across the Wind Swept Sea.

We of the Shire of Adora were greatly humbled to receive your missive recently.

We have been hard pressed by the rigours of War and plague and apologise for the delayed reply.

We are at War, however 'tis not a War amongst people, but a War of Life.

During the summer past we were beset by Fire, it is most likely started by dragons from afar, the dragons here on ours shores a friendly bunch.

Many of us bravely battled the flames, most of us were lucky, some were not.

Having braved this mighty peril, and seen the danger passed, we hunkered down & began the work of rebuilding. We endeavoured to repair or replace what was lost as best we could. It was at this time that we discovered the damage done to our weapons & defences.

It was not long after we started work, that another danger shadowed our Land, and slowed our efforts. Pestilence was abroad in this fair kingdom, and it spread without check, invisible winds of Sickness & Death. To combat this new foe, we had to do so together, yet apart. We retreated to our homes, and made cleanliness our friend.

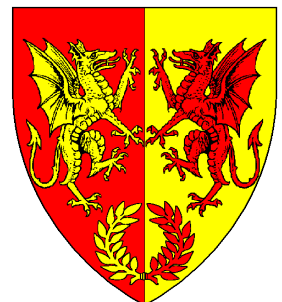
Adora is resilient, however the road is long and the journey arduous. It is at times like these when a friendly face and your kind helping hand, is very much appreciated.

Please let it be known that the spirits of the populace of Adora will run high with gratitude, appreciation & friendship. Adora thanks Southron Guard for the help that has been sent from across the blue waters and we look forward to the day when we can join together and thank you personally.

Yours in Service

Æthelflæd of the Wild Seas

Seneschal on behalf of all those who call the Shire of Adora Home.





## Baronial Anniversary

Held 27 and 28 June at St Marks Church Hall in Opawa with the heavy and rapier held the following day at the hall on Sturrocks Rd – the archery unfortunately rained out and will be contexted at the next monthly tourney.

Site opened and a remarkably large amount of people were there from the beginning. Classes throughout the day featured fingerloop braiding, letter writing, heraldry and dance, and the afternoon included a warming lunch of soup and bread and a market. Many thanks to THL Joana de Bairos (pictured below this text) for stewarding, as well as Lady Ellen for the feast and myriad helpers to Make It Go.











Master James of Southron Gaard accepting the Couer Loale on behalf of Lady Mathilde de Villiers



And 2 of the Champions being cloaked







## Making a shoulder yoke

Lowrens Wilyamson

This yoke is an specific example of the many ways of carrying heavy loads on your shoulders.

History is rife with examples of using a pole to carry a pair of loads, with the pole being balanced over the bearer's shoulder. A simple pole is lots better than nothing, but I am more interested in the yoke that is specifically shaped to fit the carrier.



This is the classic milkmaid use of a yoke. This image dates from the late 18<sup>th</sup> century [1], so it's out of our period.

This image from the later 15<sup>th</sup> century [2] shows what might be a shaped yoke, but the detail is not really clear. It could just be a branch and some artistic licence.



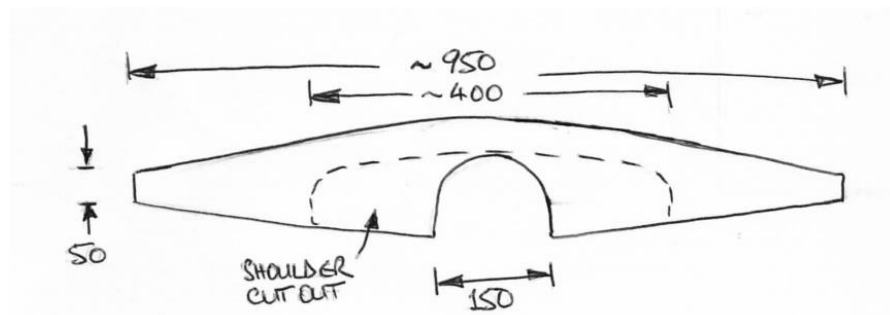
However, this image from 1601 [3] showing a shepherd meeting a milkmaid, shows that a shaped yoke is in use in period.



The basic shape of the yoke can be taken from the historical prints. There is some variation of detail, but there is a bulky central part where it sits on the wearer's shoulders, with narrowed arms that extend beyond the breadth of the shoulders.

A few minutes work with a tape measure gives a likely full length of 0.9-1.0m.

To prevent the yoke tipping forward or back, the direct line between the tips of the yoke has to pass through the wearer's neck, and the tips have to be lower than where it sits on the wearer's shoulders. From this, the depth of the neck cutout can be gauged.



It is a very practical object. I could see this being used to advantage at Canterbury Fair, for example.

Given its rural and labouring associations, it's not a high class object at all, and it fits in well with my current "peasant technology" theme in the things I am researching and making.

I had a half log from a trunk that came from Kotek and Max. I thought it was apple, but Kotek says it's actually Japanese maple. It's quite a nice wood, and would not normally be first choice for such a utilitarian object. This remaining half was somewhat knotty and twisted, but it was long enough and wide enough in the centre, and shaping the tapering arms would allow the twist to be mostly ignored.



In keeping with the peasant tech theme, I wanted to use only tools likely to be available on a late period farm.

I started shaping the arms with an axe, but cutting through the knotty sections was rather hard on my dodgy shoulder, so I shifted to the adze. I hadn't used this tool so much, and I was pleasantly surprised at how effective it was, and the good quality finish that it could produce.



Side axe and adze for the main shaping, hatchet and rasps for the neck and shoulder cut outs, spokeshave and plane for finishing.



I made the shoulder cutout fairly flat to begin with. Carrying a load was OK to begin with, but I found that it was putting too much load on my neck muscles for extended use.

After putting some more taper into the cutout, the load was carried more on my shoulders and was definitely more comfortable.

It's much more comfortable to use than expected, even carrying 20kg of water in buckets. It's still worth having some layers of clothing under it, to pad out the fit.

For carrying a pair of matched loads, it works really well, even over uneven ground. Since the loads are suspended from the ends, the ropes give free movement sideways or fore and aft. Your hands are sometimes needed to stabilize the swinging loads, especially when you turn, but it's quite practical to use your hands for other work while carrying the loads on the yoke.



The ropes can't be too short. You need some slack to be able to get the yoke on before you lift the loads off the ground.

You do need to maintain a good posture. Any forward stoop will do in your shoulders in no time.

The loads need to be fairly balanced, otherwise you find pretty much all the load resting on one of your shoulders, and keeping the yoke on can be a challenge.

I need to forge some metal hooks, to go on the ropes that hang from the yoke.

The real accessories for this yoke, however, have to be some coopered buckets. Another project.

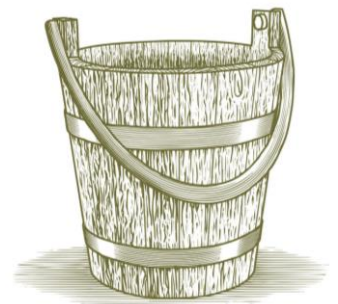


Image references – these are all from the British Museum's collection, valid as of June 2020:

1. [https://www.britishmuseum.org/collection/object/P\\_1882-0311-3125](https://www.britishmuseum.org/collection/object/P_1882-0311-3125), print made by: [John Bewick](#).  
Production date 1790-1792 (c.)

2. [https://www.britishmuseum.org/collection/object/P\\_1895-0915-776](https://www.britishmuseum.org/collection/object/P_1895-0915-776), after: [Andrea Mantegna](#),  
Production date 1446-1506.

3. [https://www.britishmuseum.org/collection/object/P\\_1888-0716-268](https://www.britishmuseum.org/collection/object/P_1888-0716-268), title: 'The four seasons 1601,  
Engraving, Print made by: [Jan Saenredam](#).



## Virtual Collegia!



### KNOWN WORLD COLEGIO DE IBERIA

17th – 19th of July 2020 This is a weekend of virtual classes on medieval and early modern Spain and Portugal from the known world! We have teachers from Europe, USA, New Zealand and Australia. Come join us!

[http://www.fibergeek.com/scaiberia/?fbclid=IwAR1K\\_7PERGoTypqBEG2uHzb\\_LWsmhTH\\_wzyqNtd2IVTJTpH11yXKS-xLoZI](http://www.fibergeek.com/scaiberia/?fbclid=IwAR1K_7PERGoTypqBEG2uHzb_LWsmhTH_wzyqNtd2IVTJTpH11yXKS-xLoZI)



## Situations vacant

The roles that were vacant that the chronicler hasn't heard a rumour about applications for as yet are:

Quartermaster, Captain of Archers, Webscribe, Chirurgeon, Youth, Historian and Seneschal is coming up very soon.

Curious? Drop a line to the seneschal, no obligation.

# July Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 Council	2	3	4	5 Heavy Combat A&S hall Rapier Archery
6	7	8	9	10	11	12 Heavy Combat A&S hall Rapier Archery
13	14	15	16	17	18	19 Heavy Combat A&S hall Fibre Guild Rapier Archery
20	21	22	23	24	25	26 Heavy Combat A&S hall Rapier Archery
27	28	29	30	31		

## Armoured Combat

**Sundays** 10am–noon at Redwood Scout Hall.

## Rapier

**Sundays** from 2pm at Redwood Scout Hall.

## Archery

**Fine Sundays** at Northcote School grounds, meet at Redwood Scout Hall.

[archers@sg.lochac.sca.org](mailto:archers@sg.lochac.sca.org)

## Tourney days

**First Sunday** of the month as announced

## Arts & Sciences

**Sundays** from 11:00am at Redwood Scout Hall.

**Fibre Guild:** every third Sunday of the month, 11am at Redwood Scout Hall or as announced.

## Council Meetings

**First Wednesday** of the month, from 7:30pm – details, agenda etc. are posted to the SG list.

*All welcome*



## August Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31					1	2 Heavy Combat A&S hall Rapier Archery
3	4	5 Council	6	7	8	9 Heavy Combat A&S hall Rapier Archery
10	11	12	13	14	15	16 Heavy Combat A&S hall Fibre Guild Rapier Archery
17	18	19	20	21	22	23 Heavy Combat A&S hall Rapier Archery
24	25	26	27	28	29	30 Heavy Combat A&S hall Rapier Archery

## Southron Gaard Regnum

Being a list of the current Baronial Officers and their official email addresses.

\* **Seeking replacement:** see vacancies page or contact the seneschal for details.

Baron & Baroness:	Grim of Thornby and Alexandra de Santiago	<a href="mailto:BandB@sg.lochac.sca.org">BandB@sg.lochac.sca.org</a>
Seneschal	Elena Sophia di Luciano dei Medici	<a href="mailto:seneschal@sg.lochac.sca.org">seneschal@sg.lochac.sca.org</a>
Reeve	Lowrens Williamson	<a href="mailto:reeve@sg.lochac.sca.org">reeve@sg.lochac.sca.org</a>
Tour d'Or Herald*	Seeking replacement*	<a href="mailto:herald@sg.lochac.sca.org">herald@sg.lochac.sca.org</a>
Chatelaine*	Currently Vacant	<a href="mailto:chatelaine@sg.lochac.sca.org">chatelaine@sg.lochac.sca.org</a>
Quartermaster	Currently Vacant	<a href="mailto:quartermaster@sg.lochac.sca.org">quartermaster@sg.lochac.sca.org</a>
Knight Marshal*	Seeking replacement*	<a href="mailto:marshal@sg.lochac.sca.org">marshal@sg.lochac.sca.org</a>
Captain of Archers*	Seeking replacement*	<a href="mailto:archers@sg.lochac.sca.org">archers@sg.lochac.sca.org</a>
Captain of Rapier	James of Southron Gaard	<a href="mailto:rapier@sg.lochac.sca.org">rapier@sg.lochac.sca.org</a>
Lists Officer	Melisande de Massard	<a href="mailto:lists@sg.lochac.sca.org">lists@sg.lochac.sca.org</a>
Arts & Sciences	Gisle Akelsdattir	<a href="mailto:arts@sg.lochac.sca.org">arts@sg.lochac.sca.org</a>
Chronicler*	Seeking replacement*	<a href="mailto:chronicler@sg.lochac.sca.org">chronicler@sg.lochac.sca.org</a>
Librarian	Jayne Bolyn	<a href="mailto:library@sg.lochac.sca.org">library@sg.lochac.sca.org</a>
Web scribe	Seeking replacement*	<a href="mailto:web@sg.lochac.sca.org">web@sg.lochac.sca.org</a>
Chirurgion (first aid) *	Seeking replacement*	<a href="mailto:chirurgion@sg.lochac.sca.org">chirurgion@sg.lochac.sca.org</a>
Constable (safety)	Callum MacLeod	<a href="mailto:constable@sg.lochac.sca.org">constable@sg.lochac.sca.org</a>
Youth	Currently Vacant	<a href="mailto:youth@sg.lochac.sca.org">youth@sg.lochac.sca.org</a>
Historian	Currently Vacant	



**Hamlet of Wildmoor - Otago**

**Hamlet of Gildentwick - Nelson**

## **SCA (NZ) Inc. Membership**

There are two different types of membership available to event participants in New Zealand.

### **Subscribing Membership**

Grants full rights of participation in the SCA (including voting, entering Crown Tournaments, holding office and affiliate membership with overseas branches). Subscribing membership also includes a subscription to Pegasus, the Lochac Kingdom Newsletter which is an electronic newsletter (PDF).

1 Year with E-Pegasus*	\$ 15.00
3 Years with E-Pegasus	\$ 30.00

An updated SCA (NZ) Inc. membership form will shortly be included in future issues of this newsletter, or can be accessed on the SCA (NZ) website. <https://registry.sca.org.nz/RegistryMenu.php>

### **Event Membership**

For all non-members aged 18 years or over attending an event. Event membership lasts for the duration of that event only and is not sufficient to hold office or fight in Crown Tournament etc. If the event has a cost, and it is not held by a College, the levy will be charged.

Per event    \$ 2.00

For further information visit the official SCA(NZ) Inc. website at:

**[www.sca.org.nz](http://www.sca.org.nz)**

### ***Other SCANZ Groups***

Auckland	<b>Barony of Ildhafn</b>	<a href="http://ildhafn.lochac.sca.org">http://ildhafn.lochac.sca.org</a>
Hamilton	<b>Canton of Cluain</b>	<a href="http://cluain.lochac.sca.org">http://cluain.lochac.sca.org</a>
Wellington	<b>Shire of Darton</b>	<a href="http://darton.lochac.sca.org">http://darton.lochac.sca.org</a>

# Southron Gaard Council Provisional Minutes

Council Meeting 3rd June 2020.

Present: Kotek, Elena, Rat, Jayne, Lawrence, Grim, Alexandra, James

Apologies: Agnes, Adrienne, Elisabetta, Gisla.

Meeting opens: 7:32pm

1. Last month's minutes: couple of corrections needed- Seneschal's report left out and Rat was present.

Grim moves to accept it, Elena seconds. No nays or abstentions. Minutes accepted

2. Business arising: No

3. Fund Requests: No

4. Event Proposals- No, though may be able to get a Yule event proposed for the end of the month.

5. Officer Reports:

B & B: Attended fighters practice. Swords were swung, including YAC ones!

Nice to see people again.

Correspondence with Kingdom Seneschallate and Crown re: Covid19 response.

Correspondence with Cecily de Montgomery requesting future use of a banner made by Mathilda de Villiers for a private event.

Correspondence with various populace members over resumption of activities and plans for after restrictions are lifted.

Seneschal's Report: 1) Communication with Kingdom Seneschal re: Covid lockdown expiry for NZ groups

2) Communication with B&B re: same

3) Communication with populace re: potential CF bids

Reeve's Report: May was another quiet month.

\* Main Account: \$22716 at 1 May, and \$22708 at 31 May. Incomings: \$1 interest, and \$289 GST refund. Outgoing: \$298 for the final CF booking refund.

\* FAT Account: \$2920 in account, with no movements this month. FAT information is now published on the baronial website, thanks to Ginevra and Adrienne.

No new applications for funds received. The how-to for this is part of the new FAT page on the website.

Current FAT allocations are (still):

\* \$433.50 gift to the Shire of Adora. I'm waiting on account info from Adora's reeve to complete this payment.

\* \$718.90 to the Hamlet of Gildenwick for event support and equipment purchases.

In service, Lowrens

Herald's Report: An inquiry regarding a submission from a populace member. Nothing else to report

Chronicler's Report: made FTT, will make another. Seeking a replacement.

Knight Marshall's Report: Attended first post lockdown fighters practice.

5 heavy combatants, Baron Grimm, Brian, Thorald, Gisla and myself, along with 2 youth combatants (Torfinn and ummmm, thingee you know, his little sister)

Copied situations vacant ad for Marshal from FTT to SG page in vain hope that someone might see it and volunteer, get any firm expressions of interest.

Captain of Rapier: Nothing to report.

A & S: Nothing to report currently. Will look into the possibility of restarting weekly A&S happenings such as dance and fibre guild now that the hall can be used on Sundays.

Webscribe's Report: had contacted the Lochac Webwright in February regarding an extension to my term, and had intended to discuss with Council but got distracted by Covid and stuff. So please consider this my intention to extend my term by another year (till March 2021) - if that's amenable to Council?

Webscribe report for the June Council Meeting 2020:

- submitted May Quarterly Report to Lochac Webwright
- updated site to reflect that in person activities now able to resume
- FAT info added to website (linked from homepage)
- set up test survey re. CF and subsidies, and requested feedback
- other minor web & email maintenance

General Business:

Redwood Scout Hall sent a email with regards to continued use of the Hall. They want the building sanitised after use and contact tracing. Doorknobs to be sanitised, floors to be mopped.

Discussion around bringing our own cleaning supplies and/or leaving them in the cupboards there. There is some cleaning stuff at Raffes in the containers but will need to get more. Can reimburse Master Brian if he gets some.

Canterbury Faire bids:

Richard sent a message saying him, Raffes and others are willing to form a committee.

Elena proposes having a meeting focussed on it two weeks from now.

James suggests waiting til Monday's Alert Level notice.

Elena suggests we can push the meeting out. Elena has a team together also but it is only a back up plan. She is planning on stepping down as Seneschal.



FAT review: A couple of things left to do and then will put it on the website, facebook and email lists. Will be in next month's business arising.

Canterbury Faire site working bee?

They're offering good pricing but still need to get it in writing.

Request from Cecily de Montgomery regarding for use of a Cloth of Estate for Mathilda de Villiers for a future event. All in agreement.

Meeting closes 8:11pm