

From The Tower



Barony of Southron Gaard

DECEMBER A.S. LII
(2017 C.E.)

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Chronic Ramblings

The festive season is upon us, and rather than preparing for advent and looking forward to feast days at the end of the month, we are preparing for Faire and looking forward to all the things that brings.

In the meantime, lets get festive! Decorate your rooms with traditional Holly and Ivy. The significance of both predates Christian usage, but was readily absorbed as the religion gained traction. And it doesn't hurt that they're both evergreen and suggest life and hope in the middle of winter. The Romans used holly to celebrate the Saturnalia (where the Christmas celebration took its origins) and it later took on the meaning of Christ's crown of thorns and blood. Ivy was a symbol of prosperity, fidelity and charity, reminding early Christians to be kind to the poor at this time of year. It was considered bad luck to decorate the house with Ivy alone, as it was thought this would give the woman of the house the upper hand. Ladies – give it a go. The celts used to decorate with both these plants to ward off misfortune, and bring luck and protection. Wind them both all over your indoor surfaces, and add candles (carefully) to really get that festive thing happening.

So welcome to my first issue. There's words from our Baron and Baroness, a great column from our Sensechal with some tips to keep you busy over the next month, the questions from the Angevin Idol Quest, a food write up from the Royal event as well as all the regulars.

Yours in service,
Agnes Graye

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Image credits for this issue

Cover Art: Detail from initial P "adoration of the Shepherds" from "cutting from a Choir book" the British Library MS collection, <http://www.bl.uk/catalogues/illuminatedmanuscripts/ILLUMIN.ASP?Size=mid&IllID=36023>

The adoration of the Magi By Albrecht Altdorfer from <https://commons.wikimedia.org/w/index.php?curid=27369704>

Detail from St. Peter Healing Petronilla, by Sano di Pietro (1406-1481). From <http://www.godecookery.com/afeast/dining/din011.html>

A 14th century French royal feast. From <http://www.godecookery.com/afeast/feasts/fea009.html>



Kingdom of Lochac



King and Queen Steffan II and Branwen I

Prince Rowland Bridgeford and Princess Tailltiu ghoirt ruaidh

Please send award recommendations to crown@lochac.sca.org with a courtesy copy to B&B@sg.lochac.sca.org. Please check Lochac Cannon Lore for an individual's existing awards and information about awards, additional information can be found on the Kingdom website: www.lochac.sca.org.



Their Excellencies Speak



Greetings all,

We would like to congratulate those who received awards this month - Grace Thexton, Thorin Thoraldsson, THLord Hadrian L'Estrelle, THLady Ydeneya de Baillencourt, Lady Melisande de Massard, Lady Gisla Akelsdatter, Lady Fiora Vespucci, THLord Raffé de Massard, and Sir Callum Macleod, were recognised for their efforts while Their Majesties visited our lands, and more recently, Lady Adrienne Furet was deemed to be the best of the non-guild dancers at the Ball d'Argent, while Lord James of Southron Gaard, is now the Baronial Rapier Champion.... of Ildhafn. It was lovely to see people recognised for their efforts.

It's been an extremely busy month, event wise. We would like to especially thank Lady Ellen, Lord Thorald, THLord Hadrian and Sir Callum who ensured that all who attended were well fed with a variety of delicious and period food stuffs. We also thank Lord Thorald for running a relaxed event for Their Majesties' first trip to a Hamlet, and all those who helped with the variety of activities that make the SCA the interesting, diverse place that it is.

We also thank all those who participated in the demo at Hororata - judging from the number of newcomers at the Magna Carta event, it was a highly successful day. A particular thanks to everyone that took time at Golden Flight to make those new people feel welcome.

We look forward to Master Brian's tournament on the third, Lord Maxmillian's Christmas Tavern

Revel, and then Canterbury Faire will be only two weeks of prep time away. If seeing awards given out has reminded you of someone we may have overlooked, please do write in a letter or recommendation to let us know, so Their Majesties can remedy that at Faire.

We have become concerned at a trend of late to book at the last minute for events. A very large percentage of bookings for both the Royal Ball and Golden Flight were in the week leading up to the event, and it's been mentioned that bookings for Canterbury Faire have been slower than usual. While we understand there are always reasons for this, we would like to encourage people to try to book as early as possible if they are able, especially if there are special considerations that need to be made in relation to your booking. Cooks will typically begin planning a feast menu several weeks before bookings close and stewards always feel much better when it appears the event will be well-attended. In some cases the fixed costs of an event mean that there is a minimum number of people that must attend for the event to be viable, and if bookings are below expectations there is a risk the event will be called off.

In Service to the Crown,

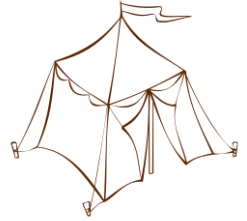
Richard and Ginevra

Baron and Baroness, Southron Gaard

From the Officers

Seneschal's column

December To-Do List



Finding yourself busy over the holiday period? Having trouble remembering all the things you need to do? Here's a handy starter list for December SCA related tasks...

- Check your camping equipment. Many repair places will close for (insert ridiculously long break here) over Christmas and New Years, so get in now. If you find yourself needing to order something, deliveries can be delayed at this time as well.
- You can never have too many really sturdy tent pegs. Even if you don't use a tent, a You Tube video said there are 30+ uses for tent pegs, so they are clearly useful for something. The video was 15 minutes long, so don't expect too much in the way of specifics here.
- Check your garb. A nice airing on a warm day over the break helps to freshen garb, bedding and other such items after being stored, and it's the time to check for repair/fit/replacement as well (January might be a bit late...)
- Test out recipes for your encampment. The people coming for Christmas dinner don't really need to know that you're actually trying out your CF dinner plan on them, not unless you want them to, anyway.
- Check over your armour, rapier and archery gear to see what needs repair or replacing.
- Arrange for someone to care for your pets during Faire.
- Look over Canon Lore <http://lochac.sca.org/canon/> and consider writing recommendation letters for those you feel deserving. You can also check the Baronial awards page at <http://sg.lochac.sca.org/barony/traditions.shtml> to recommend people for Baronial level awards. They don't have to live in the Barony to be awarded one of these.
- Do any brewing that you want to take to Faire.
- Make any items for the market, or for the FAT tourney or other largesse/gift giving that you have planned.
- Sleep.
- Sleep a bit more.

And if you find yourself with sufficient free time to do a bit of forward planning, how about considering...

- Running an event in 2018. Yes, you too can be an event steward. Have a chat to your friendly B&B and/or Seneschal about how to turn your vague idea for an event you'd like to go to into a reality!

or

- Applying for an Office. The Barony has a great selection of offices vacant or due to become vacant soon. If you'd like to see some change in the Barony, taking on an officer position one way you help guide it on its path.

Cheers,

Aveline Goupil

Ministry for the Arts and Sciences

Stuff Night

First Tuesday of each month from 7pm to 9.30pm

Avic Hill Community Centre Activities Room at 395 Memorial Avenue, Burnside in the front room.

Donations towards venue rental to lessen the direct cost to the Barony are welcomed, and a donation box will be available. A light supper will be provided.

A&S on Sunday

Sundays, 11am. At the Redwood Scout Hall, 20 Sturrocks Road

The Hall is open and has power, water and loads of space so just bring whatever you're working on.

Have you ever wanted to run a class or A&S activity, but haven't before? Would you like to try?
Do you sometimes teach but would like to trial a new class or do a dry run before teaching more widely?
Have a neat idea for a Baronial project or activity? Now welcoming all applications to run fun classes or activities either on Sundays or for Stuff Night. Have a go!

Contact Lady Cecily de Montgomery on arts@sg.lochac.sca.org

Fibre Guild

The Southron Gaard fibre guild is open to **everyone** that has an interest in making and playing with fibre: spinners, dyers, weavers, braiders and the like. Our meetings are usually the third Sunday of the Month at 11:00 am in the Redwood Scout Hall (above) but the November meeting will be at Golden Flight. Bring what you're working on, any new resources to share etc.

The Lochac Fibre Guild has an email list at <http://lochac.sca.org/mailman/listinfo/fibreguild> and webpage at <http://fibre.lochac.sca.org/> which features a monthly "award cord" tutorial. The Southron Gaard 'branch' also has a Yahoo group list at https://groups.yahoo.com/neo/groups/SG_String/info.

Knight Marshal

Greetings all,

What a busy fighting month this November! Starting with the Roses tourney at the Royal visit, fighting displays all day at the very busy Hororata games, followed by heavy and archery practise the next day. Golden flight was filled with target archery, and some heavy combat and combat archery so it has been full-on biff.

There are some enthusiastic new fighters who found us at Hororata games, so please make them feel welcome. There are also keen would-be fighters in Gildenwick, and with these stout folk swelling our ranks the power of our mighty Barony shall grow even more.

The first IKAC for a long time will have been run by now, and I hope they happen regularly, for greater personal and Baronial glory.

In Service,
Brian di Caffa



Vacancies

Please note: SCA membership is required for all officers. Membership information is available at www.sca.org.nz.

Webwright

Calling for expressions of interest in the role of Baronial Webwright (aka web minister, webscribe). One of the roles in the Barony that is reasonably easy to undertake from any place with a web connection, including the two Hamlets (members of which are absolutely encouraged to consider applying for Baronial officer roles).

The Webwright is in charge of creating and updating Baronial Web pages and mail redirections and keeping Baronial communications and information flowing smoothly. Useful skills would include capabilities in Website page creation, HTML, graphics manipulation, FTP and associated site management, associated computer/email support and a good sense for both accretion and rapid turnaround of useful information – it's the most important part of the job! The total workload is typically 3-4 hrs a month, not including any special projects or Council attendance, should you wish to do so.

Please direct questions to our outgoing Webwright, Mistress Ginevera at web@sg.lochac.sca.org and applications to the seneschal and Kingdom Webscribe at seneschal@sg.lochac.sca.org and webwright@lochac.sca.org respectively.

Arts and Sciences

Calling for expressions of interest in the role of Baronial Arts and Sciences officer The A&S Officer is tasked with encouraging the arts and sciences in the Barony through classes, workshops, informal gatherings and competitions.

Role: Encourage and organize A&S workshops and competitions in the Barony.

Get reports from workshops and events in the Barony that hold an A&S competition (for quarterly reporting purposes). Send quarterly reports to Kingdom A&S Minister. Run or organize someone to run the Kingdom Arts and Sciences competitions if the Kingdom Coronation or Crown Tourney is being held by the Barony and the Kingdom A&S Minister cannot attend the event.

If you are interested in learning more about the day-to-day practicalities of the role (job description is below) then please contact Lady Cecily at arts@sg.lochac.sca.org. Now would be a good time for a little job shadowing, with preparation work for Canterbury Faire underway.

Officer Vacancy: Quartermaster

The role of Quartermaster, which has been filled by the noble Lord Raffe for the last 6 years, is an important one in the Barony. It is time for a new person to step into this role. The role description for the Quartermaster is below. Please contact Lord Raffe at quartermaster@sg.lochac.sca.org and myself at seneschal@sg.lochac.sca.org for enquiries and applications.

Role: Store and keep track of Baronial equipment

Workload:

- Ensure clean and secure storage of the Baronial equipment.
- Maintain lines of communication with event stewards/cooks regarding required equipment for events, and arrange pick up/drop off.
- Maintain the Baronial Inventory, and check off returned equipment.
- Report to Council regarding status of equipment, including loss, damage, replacement or new equipment required

Reporting Channel

The quartermaster is a deputy to the Seneschal and reports to him/her as well as the Council.

Requires

Accessible, weatherproof and lockable storage space approximately the size of a standard car. If transporting gear to an event, a vehicle with a tow bar/ball joint is required.

Resources

Gear is stored at Mandeville (Raffe and Melisande's property) and also at the CF site, in containers.

The Baronial Inventory, online on the SG website (current version, needs updating:

<http://sg.lochac.sca.org/docs/Inventory2007.doc>)

Chirurgeon

The Chirurgeon is responsible for providing and/or rostering first aid at events, receives reports on any injuries received at events/practices and follows up on these reports, ensures the Baronial first aid kits are stocked and undertakes quarterly reporting to the Kingdom Chirurgeon.

Requires: SCA membership, a desire to help out, current first aid certificate. If you wish to apply for this role but do not hold a current first aid certificate, you will need to be willing to attend a suitable course. Financial assistance may be possible to gain the certificate, please enquire.

Please send your application/enquiry to the Seneschal at seneschal@sg.lochac.sca.org by Sat 30th Sep 2017.

Angevin Idol Questions

At the recent Golden Flight Magna Carta event, Katherine Kerr ran a quest called "Angevin Idol", adapted with permission from Ian Dawson's Magna Carta material at thinkinghistory.co.uk

She has kindly provided the questions, the optional answers, and some noteworthy other answers for our enjoyment.

Your brother, King Richard, has died. Arthur, your 12-year-old nephew, says he should be king. He is supported by the barons in Brittany, Anjou and Poitou and by Philip Augustus, the King of France. You are supported by the barons in England and Normandy. Do you:

a) agree to share the empire with Arthur

Lose 2. This is a weak, feeble choice

b) have yourself crowned king and then meet Arthur to discuss an agreement

Not a bad choice, but you're going to have to negotiate.

c) have yourself crowned king and then go to war against Arthur and France

Gain 1. This choice makes you look strong and decisive.

Team Richard: Discredit Arthur for nefarious dealings with foreign nationals and failing to take adequate security measures.

Arthur has allied with the King of France against you. You capture him. He is now 14 and was leading an army against you. What should you do with him?

a) set him free after he swears to be loyal to you in future

Lose 2. Are you mad? What sort of choice is that?

b) keep him prisoner

Gain 1. Good choice - keep him prisoner but make sure he cannot escape

c) execute him in secret

Lose 1. That might stop Arthur being a problem but who's going to ever trust you again?

(This was John's choice.)

Team Richard: Buy him off. I have millions of ducats having never paid taxes.

You have lost the war with France and all your lands across the Channel. What will you do?

a) accept your defeat and give up hope of winning back the empire your father and brother built up

Lose 1. Loser. You look weak. What a failure.

b) discuss the problem with your barons and accept their approach

Gain 1. After all, you need the barons to fight and pay taxes for your army.

c) plan to win back your lands, whether the barons support you or not

Lose 1. There's no way you can win without the barons' support.

(This was John's choice.)

Team Richard: I didn't lose the war – the last king lost the war before I got here. Anything else is alternative facts....

You need money to pay soldiers to fight for you.

Do you raise money by:

a) consulting the barons about how much tax to collect

Gain 1. It's sensible to consult the barons about taxes if you want to keep them onside.

b) doubling the taxes paid by landowners when they inherit their lands

Lose 1. Everyone will object to you doubling taxes

c) multiply by ten the taxes paid by landowners when they inherit their lands or even more if you can get away with it.

Lose 2. Madness! This will outrage everyone.

(This was John's choice)

The Archbishop of Canterbury has died. The monks at Canterbury have taken the liberty of choosing their own new archbishop although in the past the king has claimed that right. Do you

a) accept the monks' choice

Accepting the monks' choice looks weak but won't cause you great problems

b) make your own choice and force them to accept your man

It's a little risky to do this but you'll probably get away with it

c) ask the Pope to arrange an agreement

Lose 1 for looking as if you are giving away power to the Pope

Team Richard: Have a meeting where all of the bishops tell me how great I am. The best one can be archbishop.

The Pope chooses Stephen Langton as the new Archbishop. He says that if you do not accept Langton he will announce an interdict on England. This means no church services can be held so no one can be married, christened or buried on church land. Do you

a) refuse to accept Langton because the Pope has no right to interfere in your country.

Lose 1. Sure, you'll look weak if you accept Langton but you've got plenty of problems building up. You don't need another one!

(This was John's choice)

b) accept the Pope's choice because Langton will be a good Archbishop.

Gain 1. Very wise move. It will also keep the Pope on your side.

Team Richard: Install him but fire him immediately. You're fired!

You are just about to invade Wales when you hear that some of your barons are planning to murder you. Do you

a) order the rebellious barons to send their sons as hostages and carry on with the invasion, telling barons you'll execute their sons if they rebel against you

Lose 2. You may think you look strong but no-one's going to trust you again and they'll dislike you even more.

(This was John's choice)

b) abandon your invasion of Wales and return to deal with the barons themselves

Gain 1. It may look weak to abandon your invasion of Wales but you're right to deal with the threat from the barons.

You are still worried about rumours of rebellions and plots among your barons. Do you

a) agree to discuss the way you are ruling the country

A difficult choice but if you talk to them you might dampen the enthusiasm for rebellion and reduce the opposition.

b) bring in foreign advisers and soldiers who you can trust, giving them important castles and lands to make sure they are loyal.

Lose 1. Surely not?! This will only increase suspicion and distrust

(This was John's choice)

You want to invade France to win back your lands but the barons in the north are refusing to fight for you or to pay scutage (a tax paid by lords instead of joining the army themselves). Do you

a) threaten the barons who do not fight or pay scutage with severe punishments

Lose 1. Threatening the barons only pushes them closer to rebellion.

(This was John's choice.)

b) abandon your plans to invade France

Gain 1. Your problems are so great it's probably better to do this than risk it.

The King of France is threatening to invade England and some of the rebellious barons might help him if you do not make an agreement with them. They have some demands for you: reduce taxes, throw out your foreign advisers and soldiers; agree to consult the barons about how you govern the kingdom. Do you

a) agree reluctantly to the agreement

You don't have any choice! Agree reluctantly to the agreement

b) tell them you were chosen by God to be king and can do whatever you wish

Lose 2. This means war!

You agree to Magna Carta but only because you are forced to. Now the rebels are starting to disagree among themselves. Do you

a) hold meetings to get the barons to work together in the hope that they will help you invade France and win back your lands there

Well this might stop them from attacking you. Good luck with that.

b) build up your army to attack the rebel barons and put an end to the agreement in Magna Carta.

Lose 1. Now they'll want to get rid of you – permanently!

(This was John's choice and the start of civil war)

Upcoming Events

Christmas Rebel

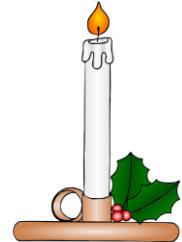
Unto the populace of Southron Gaard, Pan Maximilian von Monsterberg sends greetings. As we approach the summer I am filled with the spirit of giving and invite you all to share an evening of festive merriment at the Avon loop Community Cottage (28 Hurley St, Christchurch Central)

This will be a night of revelling, including:

A traditional Southron Gaard gift exchange (bring a gift take a gift)

A potluck dinner. (Please bring a plate)

Some comestibles (please feel free to bring additional snack foods for sharing after the dinner itself)



Provisions brought to you by the largesse of the Lochac Company of Brewers.

We will also be gathering donations:

Monetary donations will be accepted to offset the hall hire fees and cost of providing snacks. Any surplus will go directly to the city mission.

Donations for the city mission will be collected and dropped off following the event.

Per the missions guidelines we'll take:

Clean good repair clothing

Foodstuffs (non perishable)

Donations of money.

Event details:

Free

5pm - midnight

Saturday 23rd of December 2017

Avon loop Community Cottage.

Christchurch 8011

Canterbury Faire Approches!

At Canterbury Faire 2018 we will celebrate:

~ The Reign of His Majesty Rowland Bridgeford and Her Majesty Tailltiu
Ghoirt Ruaidh

~ A free concert from Mistress Marian of Heatherdale

~ The glory of the noble hedgehog, urchin most famous within the shores of the Crescent Isles.

~ Many Arts and Sciences classes offered by a range of amazing teachers.

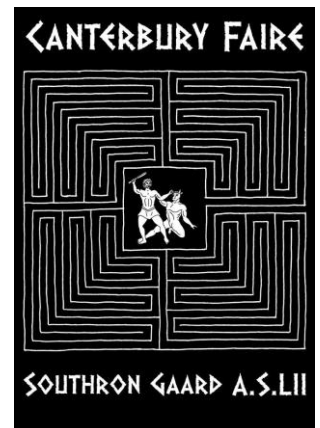
~ A superlative feast (Now fully booked) or a relaxed repast as a Feast Alternate meal.

~ The glorious artistic endeavours of the artisans involved in the Canterbury Faire Light Industrial Complex. (Sometimes referred to as the Artisan's encampment, which is adjacent to the List Field)

~ Several days of WAR!

~ Celebrations of each of the recognised arts martial! (Rapier! Heavy! Archery! WAR!)

~ The generous spirit of the populace as they live their version of the Dream.



Book now! Book Often! Book here: <http://webcentre.co.nz/SGCantFaire>

General Faire Information: <http://sg.sca.org.nz/cf/>

Faire Timetables: <http://sg.sca.org.nz/cf/schedule.shtml>

Food at the Spring Royal Visit

By Ellen of Wytelcy

Several of you kindly complimented the food served at the Spring Royal Visit, at the beginning of November. Here I hope to explain my rationale for what we created, and share some of the more popular recipes.

A meal around Beltane (start of May in the Northern Hemisphere, start of November here) has some definite gluts and shortages, if one wants to cook approximately seasonally. Young farmed meats are available, young greens and herbs too, and eggs and milk are abundant. If you are lucky, berries will have just started. In contrast, fruits are only available dried or preserved, since their natural season is late summer and autumn. Hunted meats are also out of season, especially game birds. Cured meats will be of types held over from the previous autumn.

I desired to cook a Tudor-ish meal. The base recipes used are from an era about 120 years wide, and they definitely strayed into Elizabethan and early Stuart eras. I also kept the courses to just two. A high-class meal of the day would probably have had more; but the dance mistress wanted you to dance afterwards, not to lurch about nauseously due to over-full stomachs.

So we ate...

Main

Baked chicken with Sause for Rost Capon. Gervase Markham, *Country Contentments, or, The English Huswife*, 1615.

I did not find a recipe per se for Rost Capon, but they must have existed, since they were sauced. We had ordinary old Tegel, not capon, and it was oven-baked, not roasted. This dish was the least successful, because the sauce characteristics were quite different (and worse) when scaled up from trials at home. It wasn't bad, particularly, but I wasn't thrilled.

Serjeant of the King's meat stew. MS Pepys 1047, Gentyll manly Cokere, c. 1500

This worked really well in trials and on the day. Helpfully, it has no gluten, and no dairy, and turns out an acceptable colour, and cooks all in one pot, in one long step. You should all know this recipe, so here it is! Don't try to skimp on the cooking time, however.

The original recipes reads:

To make a meat stew. If your pot is 4 gallons, put in a quart of wine. Take good beef of the fore loin or of the hind loin and mince it, and add good capons to all of this. Add pepper, good cinnamon powder, ginger, currants, cloves, mace, saffron, & sandalwood. Add onions, parsley, sage, rosemary, thyme, hyssop, savory, clarified honey, and a large amount of bruised almonds; bring to a boil. But your fire needs to be of coals, and not a large fire but a small fire good for boiling. Boil thoroughly while it stews. Be sure that the pot is well covered and that no heat escapes in any way. And in this way you can stew all sorts of meat.

My redaction is based on that in *All The King's Cooks*, except I used lamb, not beef. I love that last line in the original; so much latitude! The recipe name is also from *All the King's Cooks*, not the original.

Sergeant of the King's meat stew, to feed 10

1.35 kg Lamb, boneless weight

1 litre red wine (on scaled-up batches you may not use it all: aim to cover the meat well)

0.45 kg onion, fine chopped, peeled weight

2 tblspn honey

0.1 kg raisins

0.1 kg ground almonds

1 tspn rosemary, fresh chopped

1 tspn sage, fresh chopped
1 tspn thyme, fresh chopped
1 tspn hyssop (or mint) fresh chopped
0.25 tspn cloves, ground
0.25 tspn ginger, ground
0.25 tspn mace, ground
0.25 tspn pepper, ground
Place all ingredients in a large lidded pot. Simmer for 2.5 - 3 hours, stirring occasionally.

A Grand Salad

This was a mash-up of ideas and descriptions from various web-based sources. It was not singly attestable to anywhere. I could plausibly have added meat or seafood, but then it would not have been vegetarian, or sprinkled it with sugar and spices, which would have been too peculiar even for you hardy souls.

Bread

Lacking the time and expertise to make manchets, which were the rich person's bread of the time, I gleaned an idea from web sources what they would have been like, then my family tried out many different loaves. Eventually I settled on the Italian Cobb loaf from Fendalton New World, although the Panne di Casa from Baker's Delight Tower Junction was also in the running. Manchets were cylindrical single-serve loaves, but larger than what we now would consider a single serve. They were a plain yeast (not sourdough) loaf made with the whitest flour available. So the shape was wrong, and the flour too white, but I believe the crumb density and overall flavour to be a fair approximation.

Vegetarians and high table (and some others because I made too much) had Ellen's Cheese and Onion tart. This is purely my invention.

To feed 2 as a main, or four as a side
0.15 kg mild cheddar cheese, grated
0.25 tsp ground ginger
0.25 tsp ground pepper
0.25 tsp ground mace (or nutmeg)
0.15 kg raisins (or currants or sultanas)
0.2 kg vegetarian flakey pastry
0.35 kg brown onions, skin-off weight
50 g butter

Peel and halve onions, then slice into rings. Gently saute in the butter until clear and then onwards to slightly browned, without any burning, as if making French onion soup. Cover raisins in boiling water and leave to plump for at least 10 mins. Roll out pastry and line pie plates. Flour back of pastry liberally to prevent sticking. Remove onions from heat and allow to cool enough so that they don't prematurely melt the cheese in the next step (or leave until totally cold). Drain currants well, and mix together fried onions, currants, cheese, and spices. Taste and add a little salt if needed. Fill tart cases with above mixture and bake in a 220 deg C dry-heat oven for 10-15 minutes, or until the pastry is cooked, the cheese melted, and the top of the tart filling slightly browned.

Banquet course

Custard tarts

Sabina Welserin, *Das Kochbuch der Sabina Welserin*, 1553. Redaction by Melissa Wijffels, and no I'm not giving it here... it will appear in some future FTT.... keep reading!

Turned out fairly well: I would have liked it a bit thicker. We poured it into pastry cases for convenience of eating. The original isn't clear on whether the custard was in pastry at all, or when it went into the pastry if there was some. Tip for cooking with rosewater: add HALF what your recipe calls for, and then taste, and

then add by the teaspoonful thereafter, tasting after every addition. The line between rose-flavoured and help-I'm-eating-perfume is very, very thin.

Lemon sucket cream

The Elizabethans had snow, a whip-up of cream and egg white, and also had lemon wet suckets. Combining the two was my idea. Whether it was done back then, I don't know. I was not 100% happy with my suckets and so I have not reproduced the recipe here. Wet suckets are fruits preserved in a very heavy syrup; dry suckets start out wet but then the cook dries them out until they crystallise. Crystallised ginger would qualify as a dry sucket. If you have access to free lemons (or other citrus), try out the recipe in *All The King's Cooks*, which is fairly straightforward. Some of the ones on the web get veryyyyyyyyyyyyyy complicated. By the way, I think 'wet sucket' is the most dubious-sounding culinary term I've ever read. It's right up there with the rock called (I kid you not) cumingtonite.

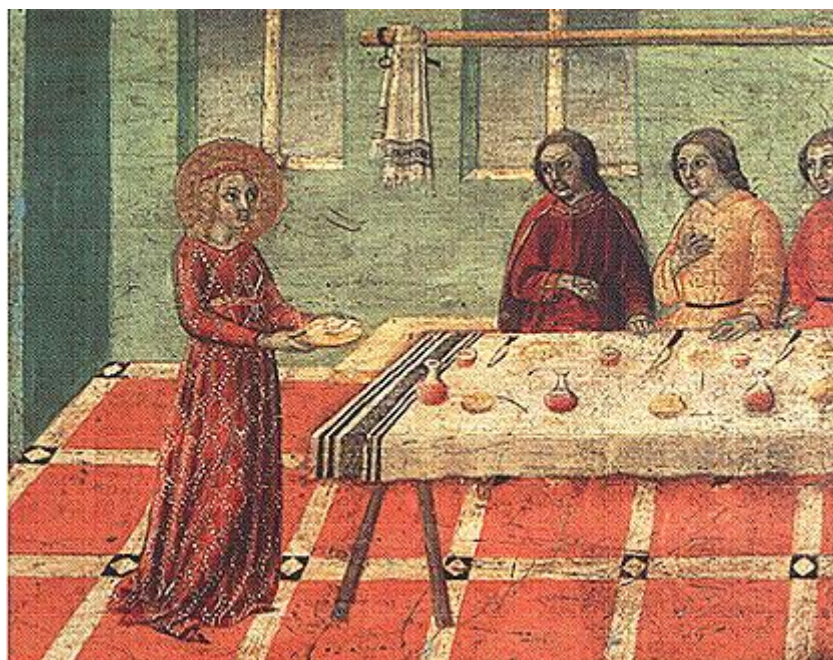
Strawberries

You don't need an explanation.... although Tudor strawberries were much, much smaller.

Dried pears, dates, and figs

Possibly superfluous: I know quite a lot didn't get eaten.

Eat, drink and be merry, and all going well, do it again tomorrow.



11. Detail from *St. Peter Healing Petronilla*, by Sano di Pietro (1406-1481).

The Bunsmiths announce they will be baking Honey Apple Spice Buns and Daily Bread at Canterbury Faire.

Households and Groups can place pre-orders at bunsmiths@gmail.com

December Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3 Heavy Combat A&S hall Rapier Archery
4	5 Stuff Night	6	7	8	9	10 Heavy Combat A&S hall Rapier Archery
11	12	13 Council Meeting	14	15	16	17 A&S hall: Fibre Guild Heavy Combat Rapier Archery
18	19	20	21	22	23	24 See lists about availability of Hall etc
25 FTT submissions due	26	27	28	29	30	31 See lists about availability of Hall etc

MARTIAL PRACTICES

Armoured Combat

Sundays 10am–noon at Redwood Scout Hall.

Rapier

Sundays from 2pm at Redwood Scout Hall.

Archery

Fine Sundays at Northcote School grounds, meet at Redwood Scout Hall.
archers@sg.lochac.sca.org

Tourney days

First Sunday of the month as announced

ARTS GATHERINGS

Arts & Sciences

Sundays from 11:00am at Redwood Scout Hall.

Stuff Night: first Tuesday of the month from 7pm at Avic Hill Community Centre. Topics or projects are announced on SG list and Facebook.

Fibre Guild: every third Sunday of the month, 11am at Redwood Scout Hall or as announced.

UCMRS Dance

Mondays 7pm -8:30pm in KF08. Kirkwood Village.

ORGANISATIONAL MEETINGS

Council Meetings

Second Wednesday of the month, from 7:30pm – details, agenda etc. are posted to the SG list.

All welcome

Baronial Open Homes

Informal, un-garbed, social activity to allow people to chat about projects, the SCA and life in general, share a pot-luck meal and maybe watch a video.

January Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2 Stuff Night scheduled	3	4	5	6	7 Heavy Combat A&S hall Rapier Archery
8	9	10 Council Meeting	11	12	13	14 Heavy Combat A&S hall Rapier Archery
15	16	17	18	19	20 Canterbury Faire	21 Canterbury Faire
22 Canterbury Faire	23 Canterbury Faire	24 Canterbury Faire <i>FTT submissions due</i>	25 Canterbury Faire	26 Canterbury Faire	27 Canterbury Faire	28 Canterbury Faire
29	30	31				

Southron Gaard Regnum

Being a list of the current Baronial Officers and their official email addresses.

* **Seeking replacement:** see vacancies page for details.

Baron & Baroness:	Richard d'Allier & Ginevra di Serafino Visconti
Seneschal	Aveline Goupil
Reeve	Lisa
Tour d'Or Herald	Fiora Vespucci
Castellan	Hadrian de Listrille
Quartermaster	Raffe de Massard *
Knight Marshal	Brian di Caffa
Captain of Archers	Vacant*
Captain of Rapier	James of Southron Gaard
Lists Officer	Melisande de Massard
Arts & Sciences	Cecily Montgomery
Chronicler	Agnes Graye
Librarian	Jayne Bolyn
Web scribe	Ginevra de Serafino Visconti
Chirurgion (first aid)	Vacant*
Constable (safety)	Raffe de Massard
Youth	Avery Smith

BandB@sg.lochac.sca.org

seneschal@sg.lochac.sca.org

reeve@sg.lochac.sca.org

herald@sg.lochac.sca.org

chatelaine@sg.lochac.sca.org

quartermaster@sg.lochac.sca.org

marshal@sg.lochac.sca.org

archers@sg.lochac.sca.org

rapier@sg.lochac.sca.org

lists@sg.lochac.sca.org

arts@sg.lochac.sca.org

chronicler@sg.lochac.sca.org

library@sg.lochac.sca.org

web@sg.lochac.sca.org

chirurgion@sg.lochac.sca.org

constable@sg.lochac.sca.org

youth@sg.lochac.sca.org

Contacts for other Branches

Wildmoor Hamlet: Otago

Vacant* please email seneschal@sg.lochac.sca.org with enquiries.

Nelson Hamlet

Fiora Vespucci (Fiona) HeraldRadish@gmail.com

SCA (NZ) Inc. Membership

There are two different types of membership available to event participants in New Zealand.

Subscribing Membership

Grants full rights of participation in the SCA (including voting, entering Crown Tournaments, holding office and affiliate membership with overseas branches). Subscribing membership also includes a subscription to Pegasus, the Lochac Kingdom Newsletter which is an electronic newsletter (PDF).

1 Year with E-Pegasus*	\$ 15.00
3 Years with E-Pegasus	\$ 30.00

A SCA (NZ) Inc. membership form is included on the final page of this newsletter, or can be accessed on the SCA (NZ) website.

Event Membership

For all non-members aged 18 years or over attending an event. Event membership lasts for the duration of that event only and is not sufficient to hold office or fight in Crown Tournament etc.

If the event has a cost, and it is not held by a College, the levy will be charged.

Per event \$ 2.00

For further information visit the official SCA(NZ) Inc. website at:

www.sca.org.nz

Other SCANZ Groups

Auckland	Barony of Ildhafn	http://ildhafn.lochac.sca.org
Hamilton	Canton of Cluain	http://cluain.lochac.sca.org
Wellington	Shire of Darton	http://darton.lochac.sca.org



Society for Creative Anachronism (New Zealand) Inc.

Membership application

If you prefer, you can use the online membership form linked from <http://sca.org.nz/membership.php>

☐ New Membership ☐ Renewal ☐ Replacement card ☐ Change of information

Please print clearly. All information must be legible and filled out correctly for your membership to be processed.
Please fill out one form per person.

Today's Date: _____ Membership number: _____

First Name: _____ Family Name: _____

Postal Address: _____ Suburb: _____

City: _____ Post code: _____ Occupation: * _____

*We are required to collect and keep your occupation on file by the Incorporated Societies Act 1908.

Telephone number (Home) _____ (Mobile) _____

Email: _____ Tick if under 18: ☐

Tick if you prefer to receive all future communications from us via post rather than via email: ☐

Society Name (if any): _____

Group name (closest geographical Barony, Shire, etc.): _____

Membership type and duration:	1 year	3 years
Membership + e-Pegasus (PDF) **	<input type="checkbox"/> \$15	<input type="checkbox"/> \$30
Membership + posted print Pegasus	<input type="checkbox"/> \$40	<input type="checkbox"/> \$105
Replacement for lost card	<input type="checkbox"/> \$5	

** To receive e-Pegasus, you must provide a valid email address. You will be emailed directions to access your electronic subscription.

Payment Method: ☐ Cheque Enclosed ☐ Internet Banking

I declare that the information given is true and correct:

Signed (please use legal name): _____

Payment information:

- Please do not post cash. Sorry, we are unable to accept credit card payments.
- **Paying by cheque:** make cheques payable to Society for Creative Anachronism (NZ) Inc.
- **Paying by Internet Banking:** make the payment to SCA (NZ) Inc, account number 38-9010-0099412-00. Place your surname in the reference field, then print out and attach the receipt page to this form once your payment has gone through. Failure to attach proof of payment can delay your membership being processed by as much as a month – so please don't forget!

If you have queries about this form or your membership, please feel free to contact the Registrar, Elizabeth Kent, at registrar@sca.org.nz. For urgent matters, phone the Registrar at (03) 960 0452 between the hours of 9am-9pm.

Information you provide on this form will be kept on file by the SCA (NZ) Registry according to the Privacy Act 1993, and may be shared with Kingdom Officers and affiliated SCA corporations as needed. If you believe we hold incorrect information, contact the Registrar directly for a copy of your details. Use this form to update your information by ticking the box labelled 'Change of information'.

Subscriptions other than to Pegasus, the Lochac Kingdom newsletter, are NOT available through SCA (NZ). Contact the US registry directly to subscribe to Complete Anachronist, Tournaments Illuminated or other Kingdom newsletters. Send this form with payment to: SCANZ Registrar, C/- 24 Meadowville Ave, Spreydon, Christchurch 8024

Southron Gaard Council Provisional Minutes

Date: *Wednesday, November 8, 2017, 7.30pm*

Online Meeting Link: <https://otago.zoom.us/j/877828232>

Physical Meeting Location: None

Attendees: Richard d'Allier, Aveline Goupil, Agnes Graye, Ginevra Visconti, Maximilian von Monsterberg and Kotek Torzhokskoi (no mic, using chat), Cecily de Montgomery, Brian di Caffa

Apologies: Fiora Vespucci, Lisa of Southron Gaard

Start: 7.31pm

1) Provisional minutes from October meeting

Motion: To accept the October minutes - Ginevra. Seconded by Richard

2) Business Arising

a. CF Container

Aveline and Raffae talked to Katherina and she advised things would be approved this week. Aveline sent a follow up email today.

b. Redwood Hall booking

Aveline has been in touch via email with Redwood booking people. Sent them an email today asking for confirmation.

c. Land Use Application

No updates. Daid of Cochrane, who was working with Edmund Strangeways on this is currently in China so don't expect anything soon.

3) Officer reports

a. B&B

- Attended events (2 events in 2 days, both Royal events).
- There was correspondence.
- Very busy.

b. Seneschal

- Picked up Wildmoor loaner armour from Leonhart, stored and then took up to Christchurch on the 4th Nov.

- Noted the Badge change for the Barony of Southron Gaard had come through on the October Crux email, as herald has been busy/unavailable to advise of her success I do so here, quoting the letter below:

Southron Gaard, Barony of. Badge change for Order of the Tour d'Or. Gules, a tower Or and in chief three Canterbury crosses argent, a bordure Or.

- Called for, collated, consulted and confirmed Baroness Agnes Graye as Chronicler.

- Discussion with sundry persons via email and FB about Fighter Auction Tourney policy proposals.

- Consulted with Mistress Katherine, financial committee members and their Excellency's about storage for the new feast gear.
- Wrote a blurb on the group for the Carnival of Costume at Dunedin Library (report in Wildmoor section), attended event, promoted group.
- Received booking query via Reeve about Redwood Scout Den, emailed them back, haven't heard anything and need to follow up with them to ensure all is confirmed.
- Received request from Dunedin homeschoolers association for a demo.
- Took bookings for and attended Royal event, spoke with some (but not all, alas) of the people I wanted to catch up with at the event.
- correspondence with his Excellency re meeting venue for 2018

c. Reeve

Financial report : Southron Gaard

Reporting Period From/To 1-Oct-17 31-Oct-17

Opening ledger balance as of 1-Oct-17 \$30,875.27

Non-event income:

Interest \$2.75

Non-event expenditure:

Serveware \$105.00

Gas List Field \$858.86

GST \$1,148.90

TOTAL \$2,112.76

Event summary - this month

	Income	Expenditure
Rustic Repast	\$50.00	\$126.60
Golden Flight	\$292.00	\$478.40
Tavern Revel	\$395.00	\$486.92
CF2018	\$8,256.50	\$0.00
Spring Royal Visit	\$1,097.00	\$25.00
Fiery Nights	\$0.00	\$1,031.88
Gildenwick Royal Visit	\$84.00	\$0.00
TOTALS	\$10,174.50	\$2,148.80

Income for the month

\$10,177.25

Expenditure for month

\$4,261.56

Profit/(loss) for month

\$5,915.69

Closing ledger balance at 31-Oct-17 \$36,790.96

00 - \$33,898.16

03 - \$2,892.80

I haven't done a lot this month due to personal circumstances but the first GST is filed and paid.

Raffe said that the GST component of the new container will be high, and SG can claim it back by making the purchase ourselves and then invoicing other groups.

Herald

I'm working on a badge for our lovely Baroness. All other work I'm currently doing is for people outside of the Barony. The last month has been quiet as I've been overseas.

d. Constable

Attended local events x 2 - all populace behaved and only a few items of lost property handed in/collected.

There has been damage to the fort, it's been identified who caused the damage. Need about \$40 to repair it but will confirm amount.

e. Chronicler

Took office at the Spring Thing Royal Event 04 Nov 2017 CE

Have partly read the marvellous handbook supplied by Mistress Eleonora, and skimmed the kingdom documents, and have been making plans for the December issue of FTT. Am much vexed by ensuring copyright is not breached with images, but will get it sorted. Have yet to attempt the upload to the website.

No more to report at this stage.

f. Quartermaster

Banners returned from Cluain after Royal event

Multiple communications with event organisers (Spring Thing/Guildenwick/Hororata/Golden Flight/CF)

Packed/moved/returned equipment for events

Measured all current canvases to work out requirements for canvas bags for pavilion equipment- quote to follow next month. Raffe asked about the merits bag materials, One attendee had had hessian bags for her tents, some people use oiled canvas bags. Discussion about what sort of bags could be used to transport/keep the tents clean.

Sorted banners for multiple events looking at requirements for the future for poles or hanging banners. Portable poles. 6-8 of them.

Visited Canterbury Faire site and moved 500 odd tyres, cut trees, removed fences etc. to prepare space for new 20ft container storage x Darton/Ildhafn - site is ready to receive container once all parties confirmed for payment.

Investigated costs of purchase of a new container and transport for same to Waipara site

Meeting with Waipara site Manager regarding current "ground works" and projects they have currently happening - some issues and potential problems to be resolved before CF. Raffé is a little concerned about the business model used by the site, with unpaid volunteers doing the labour (moving dirt etc.). Stair repairs are underway, the 2 new classrooms might be ready for spaces to use but are unlikely to be completely finished by Faire. Site has dropped the pipeline for the water supply down 4-500mm to stop pegs striking the pipes, but haven't finished the task (move dirt, lawn seed etc.). Concerned that that is going to make it unusable for Green Dragon, Heorot, Vitale etc. Cecily suggested we should have a discount from the site if that's the case.

From Max/CF Steward via chat: Can someone organise a work day to assist with this? I don't have the personal organisational capacity spare to do it myself, but I'm happy to promote it out to CF attendees in addition to the list if someone else will organise.

Raffé advised that the scope of the task is such that it is not really a shovel and trailer job. Needs someone who can operate the appropriate heavy machinery. Cecily pointed out that this isn't really a volunteer task and the site should be doing it.

Ask for a deduction on the site rental equivalent to the work value.

May need to consider moving the households normally in this area to the old rugby field.

Preparing equipment needed for Hororata Games next weekend. Friday night pack session of necessary gear ready for pickup on Saturday. Ginevra asked how many flyers they had and if they needed more. Raffé doesn't think they have many. Ginevra advised Melisande had a box, Ginevra has a box.

Looking into the need to purchase additional tent pegs and carrying containers (for same) as we seem to be lacking enough to erect all our pavilions. Has been a long time since we bought any decent ones. Some of Raffé's personal items have been mixed in and he's sorted them out. Could do with another 50. Aveline mentioned she'd seen some on Trade Me, Richard said the last lot came from there. The ones that came with the pavilions not quite sturdy enough.

Quartermaster would like the role advertised.

g. Knight Marshall

Heavy practise well attended though Nate has just departed. Archery happened a couple of times when days are dry. Disruption to training in November due to Royal visit first week, Hororata games second week (though training will happen) and Golden flight third week. Hopefully the casual attendees at practise have heeded the notices.

November monthly tourney not held due to Roses tourney on the Saturday Royal visit. 9 entrants. Marshals: Hadrian and Iuliana

No archery tourney due to lack of space at the Royal visit site.

Aveline has delivered armour from Wildmoor for Gildenwick. Will match it up with loaner armour at the hall, then chat with Raffé about what is needed for whole suits.

Haven't determined the best model of gumbies yet, hopefully by the meeting.

h. Captain of Rapier

No breakages or injuries to report.

Practices remain sparsely attended. Still hopeful this will pick up.

Planning on writing quarterly report this weekend when I am back from Nelson/Marlborough.

i. Arts and Sciences

Haven't had Stuff Night yet this month as it's the quirky month where it falls the same week as Council. Still getting in CF A&S class teaching bookings and the odd Challenge submission. Managed to deliver Challenge spot prizes to some entrants before they moved away.

Pleased to see dance classes happening in the Sunday hall ahead of the Royal Visit Ball, seems to have been enjoyed by participants.

As my term ends at BA in March, I'd like to start calling for interest in the A&S position informally. In case anyone would like to ask questions about the role etc.

Had Stuff night last night, got \$6 in donations which has been transferred.

j. Webscribe

Ensured Email was flowing in the right directions, and website was accurate with its content. No great problems, no great successes.

I'd like to retire at BA, so would be very happy to talk to people interested in taking on the role...

k. Youth Officer

Over the last month, I have been looking into how my role should work. In this time, it has come to my attention that we have a new Youth Combat system in place for the Kingdom, but our Barony does not yet follow it. I spoke with the Baron and Baroness, and have been requested to bring us more in line with the rest of the Kingdom. As such I plan to look at costs for equipment to do so. I have been in contact with Lady Ringwar about the children's activities at CF, as well as Lady Clarel about boffer. A few others have spoken to me briefly in ways they can help, which is very much appreciated.

Cecily asked if we are required to phase out our current boffer system and move to the new one, as the current one is accessible for children. and families. New system is draft one (Brian) and Brian agrees that it will be a bit more difficult. Can we do both?

Would like more information for next meeting.

4) Hamlet reports

a. Gildenwick

The event on Sunday was a success, with (mostly) lovely weather, a fun king-of-the-hill style tournament and a very tasty meal where pretty much everyone present got to share a table with the Crown.

There are plans in the works for a Gildenwick Collegium sometime in March. I am currently canvassing the folks up here to see what sort of classes they'd like, as well as hunting for a suitable venue.

Also been in contact with Cecily.

b. Wildmoor

No expressions of interest in head person role at this time. Participated in Carnival of Costume, report below:

Over the weekend of Saturday 29/30 October, I participated on the SCA's behalf at the inaugural Carnival of Costume, hosted by the Dunedin Public Library. Other groups at the carnival included the Dunedin Medieval Society (ex SCAdian's mostly), the Dunedin Cosplay Cabal, various Steampunk groups from Dunedin and Oamaru, the local representatives of other costume recreationists such as the Regency through to Edwardian groups, and heads of costume from the Regent theatre.

The event started with a grand parade (actually not that grand, as it was 10.30 in the morning and it wasn't very busy in the Octagon) and then various workshops over the two days. I spent a couple of hours on the first day doing the parade, handing out some flyers and talking to people (both attendees and people on the street). On Sunday, I was lucky enough to participate in a panel on costuming, and got to talk for about 5 minutes to a room with about 40 people in it about the SCA and costuming in the SCA, with a few follow up conversations after that event.

As a result of this, Wildmoor has been asked to do a demo sometime in the next couple of months for the local homeschoolers association. I've got FB contact details for one of their organisers.

The Carnival is planned again for next year, and I really think that we'd benefit from a larger presence at the next event. I hope I can persuade some people down from Christchurch next time, and that we can have at least a small display area in the hall.

5) Event Reports

a. Spring Royal Event – Christchurch

Event was had, huge thanks to all those who made it happen. Site was good, and there were no injuries that I'm aware of.

Financials next month...

b. Golden Flight

22 ppl booked, only 10 camping, 9 daytripping Sat

i.e. under budgeted numbers.

There was discussion around how to handle the discrepancy between the minimum number of people that the site was going to bill us for and the actual number that were booking. There

was the potential to lose a significant amount of money either way, as a cancellation would lose us our deposit. Richard was going to talk to the site about options, such as a lower minimum price or a suggestion made by Agnes to cancel all but the Saturday portion of the event.

Raffe recommended another advertising round to push the sites features, as many people will not have seen this site before.

b. Canterbury Faire

Total Booked Value	\$29,242.76	Total Outstanding	\$6,747.48
Site Fee		Meal Plan	
Adult Full 120		Adult 66	Feast Bookings 106
Child Full 20		Child 8	Repast Bookings 13
Child Under 5 3		74	
Adult Day 6			
Child Day 2			
151			
T-Shirt		Tents 5	Bunkroom 31
5XL 1			Male 9
4XL 2		Mattresses (pairs) 19	Female 21
3XL 1			
2XL 0		Hire Garb 3	
XL 3			
Large 1			
Medium 3			
Small 0			
Women+2XL 0			
Women+XL 1			
Women+Large 1			
Women+Medium 7			
Women+Small 1			
21			

Timetable pending the fighting (including archery) activities to be added, Brian is going to send this to Ginevra for addition to website.

Cecily pointed out that meals weren't in there yet. Ginevra that they should be and will go and check permissions etc.

6) Event Proposals

- Raffe would like to reserve the 18th August 2018 for a second Firey Knights.
- Max is looking to organise a free Tavern revel around the 22nd Dec, bid yet to come and we'll have a quick special meeting to put it through.
- Possible bid for BA next year from Elena and Agnes, maybe Yule as well....watch this space...

7) General Business

a. Canterbury Explorers

An activity on the Sunday during the scheduled session at Redwoods is on the cards. Do boffer, maybe page, herald with a sheet perhaps? Would they want to make their own stuff,

shields etc? Dancing? Activity stations? Probably won't work. Monthly tourney day 3rd Dec. Heavy tourney followed by talk then boffer or have the boffer before. Then watch archery if it happens same with rapier and some dancing or activity.

Aveline to follow up with Jos.

Meeting closed 8.43pm.



A 14th century French royal feast.